## Rush Rush



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Tan Candy (SG) - May 2007 音乐: Rush Rush - Paula Abdul



#### Start after 24 counts

Section 1	Toe Strut Forward x2, Forward Rock, Lock Step Back
1-2	Step forward on right toe, drop heel taking weight
3-4	Step forward on left toe, drop heel taking weight
5-6	Rock forward on right, recover weight on left

7&8 Step back on right, lock step left across right, step back on right

#### Section 2 Sweep x2, Sailor ¼ Turn, Lock Step Forward, Kick Ball Point

1-2	Sween	loft to	hack	CWOOD	right to	hack
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3&4 Turn ¼ left sweeping left behind right, step right to right side, step left to left side

5&6 Step forward on right, lock step left behind right, step forward on right

7&8 Kick left forward, step left beside right, point right to right side

#### Section 3 Cross Rock, ½ Turn Shuffle, Pivot ¼ Turn, Cross Shuffle

1-2 Cross rock right over left, recover weight on left

3&4 Step forward on right making ½ turn right, step left beside right, step forward on right

5-6 Step forward on left, pivot ¼ turn right

7&8 Cross step left over right, step right to right side, cross step left over right

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1-2 Step back on right making ¼ turn left, step forward on left making ¼ turn left

3-4 Step forward on right, pivot ½ turn left

Rock right to right side, recover weight on left, cross right over left (body angled facing left

diagonal)

7&8 Rock left to left side, recover weight on right, cross left over right (body angled facing right

diagonal)

### Section 5 Coaster Step, Step Full Turn, Back Rock, Side Mambo Touch

1&2 Step back on right, step left beside right, step forward on right

3&4 Step forward on left, make ½ turn right, make a further ½ turn right stepping back on left

5-6 Rock back on right, recover weight on left

7&8 Rock right to right side, recover weight on left, touch right beside left

#### Section 6 Point, Hook, ¼ Turn Right, Forward Shuffle, ¼ Turn Right, Rock Back, Full Turn Step

1-2 Point right to right side, hook right foot across left shin

3&4& Step forward on right making ¼ turn right, step left beside right, step forward on right, step

left to left side making 1/4 turn right

5-6 Rock back on right, recover weight on left

7&8 Step back on right making ½ turn left, step forward on left making ½ turn left, step forward on

right

#### Section 7 Skate x2, Forward Shuffle, Skate x2, Forward Shuffle

1-2 Skate forward left right

3&4 Step forward on left, step right beside left, step forward on left

5-6 Skate forward right left

7&8 Step forward on right, step left beside right, step forward on right

#### Section 8 Side Rock, Behind Side Cross, Forward Rock, ½ Turn, Step, Drag and Touch

1-2 Rock left to left side, recover weight on right

3&4& Step left behind right, step right to right side, cross left over right, rock forward on right

Recover weight on left starting to make ½ turn right, step forward on right completing ½ turn

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7-8 Take a large step forward on left, drag and touch right beside left

**REPEAT** 

RESTART: DURING wall 2, AFTER 32 counts, restart the dance. (facing 12 o?clock)

#### TAG, Wall 5: Dance up to and including count 6 of section 8, then

7&8 Rock left to left side, recover weight on right, touch left beside right

# At the END of wall 5, there is a 16-count TAG. (facing 6 o?clock) You simply repeat the last 2 sections of the dance.

Section 7	Skate x2, Forward Shuffle, Skate x2, Forward Shuffle
1-2	Skate forward left right
3&4	Step forward on left, step right beside left, step forward on left
5-6	Skate forward right left
7&8	Step forward on right, step left beside right, step forward on right
Section 8 1-2	Side Rock, Behind Side Cross, Forward Rock, ½ Turn, Step, Drag and Touch Rock left to left side, recover weight on right
3&4&	Step left behind right, step right to right side, cross left over right, rock forward on right
5-6	Recover weight on left starting to make ½ turn right, step forward on right completing ½ turn
	right