

Liftin' Me Higher

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Glynn Rodgers (UK)
音乐: Higher & Higher - Jackie Wilson



Or Music: Little By Little by Nappy Brown

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| 1-8 | Mambo ½ Turn, Lock Step, Full Turn, Mambo Step. |
| 1&2 | Rock forward right, recover weight onto left, make ½ turn right stepping forward right. |
| 3&4 | Step forward left, lock right behind left, step forward left. |
| 5-6 | Make full turn forward stepping right-left. |
| 7&8 | Rock forward right, recover weight onto left, step right to place. |
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| 9-16 | Coaster Step, Pivot ¼ Turn, Cross, Chasse Left, Rock & Side Step. |
| 1&2 | Step back left, close right to left, step forward left. |
| 3&4 | Step forward right, pivot ¼ turn left, cross right over left. |
| 5&6 | Step left to left side, close right to left, step left to left side. |
| 7&8 | Rock back right, recover weight onto left, step right to right side. |
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| 17-24 | Weave Right, Rock & Cross, Hinge Turn, Shuffle Forward. |
| 1&2 | Cross left behind right, step right to right side, cross left over right. |
| 3&4 | Rock right to right side, recover weight onto left, cross right over left. |
| 5-6 | Make ¼ turn right stepping back left, make ¼ turn right stepping forward right. |
| 7&8 | Step forward left, close right to left, step forward left. |
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| 25-32 | Walk Forward, Sugar Foot, Walk Forward, Sugar Foot. |
| 1-2 | Walk forward right-left. |
| 3&4 | Touch right toe to left instep, dig right heel to instep, step forward right. |
| 5-6 | Walk forward left-right. |
| 7&8 | Touch left toe to right instep, dog left heel to instep, step forward left. |