

Not Your Slide But Mine

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nancy Morgan (USA) - February 2007
音乐: Crash - Gwen Stephani



Preferred Music: Crash by Gwen Stephani , CD: Love Angel Music Baby, BPM: 126. Start: After she says "You Got It, You Got, It"

Practice Song: Atomic Dog by Coolio, CD: Legally Blonde, BPM: 107. Start: When Hard beat of music starts, count 24 count, should start on "Bow wow wow, yippi."

Alternate Song: Addams Groove by M.C. Hammer, CD: Greatest Hits, BPM: 122. Starts: When music starts

COUNTRY SONG: Get Drunk and Be Somebody by Toby Keith, CD: Get Drunk and Be Somebody, BPM: 128. Start: After 32 Counts

Alternate Song: Whiskey Makes the World Go Round by Darryl Worley, CD: Here and Now, BPM: 145. Start: 32 counts when music starts

STEP, SLIDE, STEP ¼ TURN, BRUSH ¼ TURN, STEP, SLIDE, STEP, BRUSH

- 1,2 Step Right foot to Right side, Slide Left to Right
- 3,4 Step forward on Right ¼ turn to Right, Brush Left foot forward as you turn ¼ turn to Right
- 5,6 Step Left foot to Left side, Slide Right to Left
- 7,8 Step Left foot to Left Side, Brush Right foot forward (Brushing Right next to Left)

STEP, SLIDE, STEP ¼ TURN, BRUSH ¼ TURN, STEP, SLIDE, STEP, BRUSH

- 1,2 Step Right foot to Right side, Slide Left to Right
- 3,4 Step forward on Right ¼ turn to Right, Brush Left foot forward as you turn ¼ turn to Right
- 5,6 Step Left foot to Left side, Slide Right to Left
- 7,8 Step Left foot to Left Side, Brush Right foot forward (Brushing Right next to Left)

STEP FORWARD, TOUCH, STEP BACK, TOUCH, STEP-BODY ROLL, STEP-BODY ROLL ¼ TURN

- 1,2 Step Right foot forward, Touch Left toes next to Right instep
- 3,4 Step Back on Left, Touch Right toes next to Left instep
- 5,6 Step Right slightly forward as you turn 1/8 turn to Left, roll hips counter clockwise (Weight ends on Left)
- 7,8 Step Right slightly forward as you turn 1/8 turn to Left, roll hips counter clockwise (Weight ends on Left)

STEP FORWARD, TOUCH, STEP BACK, TOUCH, ROCK FORWARD AND BACK, STEP BACK RIGHT, LEFT

- 1,2 Step Right foot forward, Touch Left toes next to Right instep
- 3,4 Step Back on Left, Touch Right toes next to Left instep
- 5,6 Rock-Step forward on Right and back on Left
- 7,8 Step back on Right, step back on Left

REPEAT!

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