

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Margaret Swift (UK) - February 2007  
音乐: T.G.I.F. - Lonestar : (CD: Let's Be Us Again)



## 32 count intro, starts on vocals

### Section 1      Walk, Walk, Point Flick, Cross Back Turn Brush

1 ? 2      Step forward right Step forward on left.  
3 ? 4      Point right to right side, Flick right heel up to right.  
5 ? 6      Cross right over left. Step back on left  
7 ? 8      Turn ¼ right stepping forward on right. Brushing left forward.

### Section 2      Shuffle, Step Touch, Walk Back X2, Triple ½ Turn

1 & 2      Step forward left. Close right to left. Step forward left  
3 ? 4      Step forward right. Touch left toe behind right heel  
5 ? 6      Step back on left. Step back right.  
7 & 8      Triple ½ turn left over left shoulder, Stepping ? left, right, left,

### Section 3      Chasse Step Back. Kick. Cross Turn ¼ Step Back Point

1 & 2      Step right to right side. Close left to right. Step right to right side.  
3 ? 4      Step back diagonally on left. Kick right forward  
5 ? 6      Cross right over left. Turn ¼ right stepping back on left.  
7 ? 8      Step back on right. Point left to left side.

### Section 4      Cross Point. Cross Point. Cross Back. Triple ½ Turn Left

1 ? 2      Cross left over right, Point right to right side  
3 ? 4      Cross right over left, Point left to left side  
5 ? 6      Cross left over right, Step back on right,  
7 & 8      Triple ½ turn over left shoulder, Stepping ? left, right, left,

### Section 5      Heel Hold, Toe Hold, Step Hold ¼ Turn Left Hold

1 2&      Right heel forward, Hold, Step right next to left,  
3 ? 4&      Point left toe back, Hold, Step left next to right,  
5 ? 6      Step forward right, Hold,  
7 ? 8      Pivot ¼ turn left, Hold.

### Section 6      Right Shuffle. Left Shuffle. Step ½ Pivot Left. Kick Ball Change

1 & 2      Step forward on right. Close left next to right, Step forward on right  
3 & 4      Step forward on left, Close right next to left, Step forward on left  
5 ? 6      Step forward on right, Pivot ½ Turn left  
7 & 8      Kick forward on right, Step right next to left, Step left next to right

Music download available from Napster