

# Mix It Up

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 2      级数: Beginner  
编舞者: Maureen Jones (UK) & Michelle Jones (UK) - January 2007  
音乐: The Juke Box Story - Jive Bunny & The Mastermixers : (CD: The Very Best Of Jive Bunny And The Mastermixers)



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## Intro: 32 counts

### ALTERNATIVE MUSIC:

?Restless? by Shelby Lynne (143 bpm) CD: ?Linedance Fever 16? ? Intro: 24 counts

?Are You In It For Love? by Ricky Martin (132 bpm) CD: ?Sound Loaded??Intro: 32 counts

?Shirley? by Shakin? Stevens (152 bpm) CD: ?The Hits of Shakin? Stevens??Intro: 16 counts

## REVERSE RHUMBA BOX WITH HITCHES

- |     |   |
|-----|---|
| 1-2 | Step left to left, step right beside left   |
| 3-4 | Step left back, hitch right                 |
| 5-6 | Step right to right, step left beside right |
| 7-8 | Step right forward, hitch left              |

## VINE LEFT, HITCH, VINE ¼ TURN RIGHT, HITCH ¼ TURN

- |       |  |
|-------|--|
| 9-10  | Step left to left, step right behind left                                  |
| 11-12 | Step left to left, hitch right   |
| 13-14 | Step right to right, step left behind right                                |
| 15-16 | Step right ¼ turn right, on ball of right make ¼ turn right and hitch left |

## ROCKING CHAIR, STEP, SCUFF, STEP, SCUFF

- |       |  |
|-------|--|
| 17-18 | Rock left forward, recover onto right  |
| 19-20 | Rock left back, recover onto right     |
| 21-22 | Step left forward, scuff right forward |
| 23-24 | Step right forward, scuff left forward |

## ROCKING CHAIR, STEP, SCUFF, SHUFFLE

- |       |  |
|-------|--|
| 25-26 | Rock left forward, recover onto right                              |
| 27-28 | Rock left back, recover onto right                                 |
| 29-30 | Step left forward, scuff right forward                             |
| 31&32 | Step right forward, step left beside right, step right beside left |

When dancing to Jive Bunny the dance finishes facing the back wall. Dance to count 32 then raise both arms above head for a fun finish.

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