Gnarly

拍数: 64

级数: Intermediate

编舞者: Barry Durand (USA) - September 2006

音乐: Crazy - Gnarls Barkley : (CD: St Elsewhere)

4 count intro unless you get the extended version.

Note: Yes, it?s an AB dance but B can be taught in 1 minute. It is just 8 counts repeated 4 times. It is easy but looks good on the floor in mass. The rhythm of the Chorus versus the Verse really called for an AB dance.

Sequence: A, A, B, A, A*, B, A, A, B, A, (Part B will only start when you face the front wall)

* on the 4th A you can replace counts 13&14 (side shuffle) with a hop, hop, hop - but make sure to take weight on R on the last hop. This hits when he sings Ha, Ha, Ha.

Part A

1-8 1,2&3 4 &5&6 7&8	Step, Mambo, Syncopated Lock, Coaster Step Step R, Mambo forward LRL by rocking forward L, recover weight R, step together or slightly back L Hold Step back R, lock step in front L, step back R, step back L Coaster step back with RLR by stepping back R, together L, forward R
9-16 1,2 3,4 5&6 7,8	 ¼ turn Slide, Sways, Side Shuffle, Turn Ronde ¼ turn right and big step L (slide), bring R to left with a tap Step side R (sway), transfer weight to L (sway) Side shuffle R,L,R but turn ¼ turn to right on the last R Step forward L, turn ½ turn to the right while sweeping (ronde) the right foot (this move feels like a pivot turn type of action but weight stays on L while sweeping R)
17-24 1&2 3&4 5&6 7,8	Por-ti-sere (Jazz box sweep), Hitch Lean Back Cross R behind L, step L side and slightly forward, step forward R Cross L over right, step back R, step back L while sweeping R Cross R behind L, step L side and slightly forward, step forward R Hitch L up leaning back bending R knee, step forward L
25-32 1&2 3,4 5&6 7&8 Begin Again	Shuffle, Stationary Pivot, Shuffle, Kick Ball Change Shuffle forward R,L,R Stationary Pivot by stepping forward L, turn ½ turn to right and step in place R Shuffle forward L,R,L Kick Ball Change by kicking R, rocking back on R, recover in place L
Part B 1 -8 1,2 3&4 5,6 7&8	Sweep ¼ turn, Shuffle, Walks, Kick Ball Change Step forward R, turn ¼ turn left sweeping R around Shuffle forward L,R,L Walk forward R,L Kick Ball Change by kicking R, rock back R, recover in place L
9-32 Go Back into Pa	Repeat the first 8 counts 3 more times till you get back to front wall.

Go Back into Part A

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墙数:4