

Roosters Strut

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Kathy Brown (USA) & Lindy Bowers (USA)
音乐: She Rules The Roost - Leland Martin : (CD: Leland Martin)



Intro: 13 cts in on vocals

WALK LEFT, RIGHT, LEFT FWD TRIPLE, ROCK, RETURN, 3/4 RIGHT TURNING TRIPLE

1-2 Walk forward left, right
3&4 Step left forward, step right next to left, step left forward
5-6 Rock forward right, return left
7&8 Turning 1/2 right step right forward, step left next to right, turning 1/4 right step right forward

ROCK, RETURN, 1/2 TURNING LEFT TRIPLE, &CROSS, HOLD, SIDE ROCK CROSS

1-2 Rock forward left, return right
3&4 Turning 1/2 left, step left forward, step right next to left, step left forward
&5-6 Step right next to left, cross left over right, Hold
7&8 Rock right to side, return left, cross right over left

STOMP, HOLD, RIGHT SAILOR, &STEP, STOMP RIGHT, HOLD, LEFT SAILOR

1-2 Stomp left, hold (clap)
3&4 Step right behind left, step left to side, step right to side
&5-6 Step left next to right, stomp right, hold (clap)
7&8 Step left behind right, step right to side, step left to side

RIGHT TOE STRUT, LEFT TRIPLE, CROSS, 1/4 RIGHT TURN, 1/4 RIGHT TRIPLE

1-2 Step ball of right forward, step right heel down
3&4 Step left forward, step right next to left, step left forward
5-6 Cross right over left, step left back turning 1/4 right
7&8 Step right turning 1/4 right, step left next to right, step right forward

START OVER

There is a false ending on the song at 2:35. You can stop the dance at that point, you will be on the side rock cross, OR hold after the side rock, you will hear them pluck a guitar string 2cts, 2ct, 3cts, then the drums kick in for 8cts, start the dance on the left stomp, sailors.

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