Shake A That Ass



拍数: 48 墙数: 4 级数: Low Intermediate

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音乐: Blues About You Baby - Delbert McClinton: (CD: Room to Breath)



Intro: 40 counts intro 15 sec

[1 - 8] Step touch and claps x 4

1 - 2	step right diagonal forward to right, touch left beside right and clap
3 - 4	step left diagonal back to the left, touch right beside left and clap
5 - 6	step right diagonal forward to right, touch left beside right and clap
7 - 8	step left diagonal back to the left, touch right beside left and clap

[9 - 16] Grapevine right 1/4 turn right brush

1 - 2	step right to right side, step left behind right
3 - 4	step right to right side 1/4 turn right, brush left forward beside right
5 - 6	step back on left, step back on right

7 - 8 step back on left, step back on right

[17 - 24] Shake a that ass

1 - 8 bump your hip back and forward for 8 counts

1 and 2 and 3 and 4 and 5 and 6 and 7 and 8 and, Weight is now on your left

[25 - 32] Toe struts x 2 jazzbox 1/4 turn x 2

1 - 2	touch right toe forward, drop right heel to the floor taking weight
3 - 4	touch left toe forward, drop left heel to the floor taking weight
5 - 6	cross step right over left, step back on left
7 - 8	¼ turn right step right to right side, step left beside right

[33 - 40] Repeat 25 to 32

1 - 2	touch right toe forward, drop right heel to the floor taking weight
3 - 4	touch left toe forward, drop left heel to the floor taking weight
5 - 6	cross step right over left, step back on left
7 - 8	1/4 turn right step right to right side, step left beside right

[41 - 48] Repeat 17 to 24 Shake a that ass

1 - 8 bump your hip back and forward for 8 counts

1 and 2 and 3 and 4 and 5 and 6 and 7 and 8 and, Weight is now on your left

Have Fun Geoff