13 Mwz (Un, Dos, Tres)



编舞者: Sherry McClure (USA) 音乐: María - Ricky Martin 或: 13 Mwz - Deryl Dodd



Section 1 Right Rock Step, Crossing Triple, Left Rock Step, Crossing Triple.

1 - 2	Rock Step Right To Right Side, Step Left In Place.
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3 & 4 Cross Right Over Left. Step Left Small Step Left. Cross Right Over Left.

5 - 6 Rock Step Left To Left Side. Step Right In Place.

7 & 8 Cross Left Over Right. Step Right Small Step Right. Cross Left Over Right.

Section 2 Syncopated Toe & Heel Touches, 2 X Left Kick Ball Change.

9 &	Touch Right Toe To Right Side. Step Right Beside Left.
10 &	Touch Left Toe To Left Side. Step Left Beside Right.
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11 & Touch Right Heel Diagonally Forward Right. Step Right Beside Left.

12 Touch Left Toe Diagonally Back Left.

13 & 14 Kick Left Forward. Step Left Beside Right. Step Right In Place.15 & 16 Kick Left Forward. Step Left Beside Right. Step Right In Place.

Section 3 Step 1/2 Pivot Right, 2 X Rock Steps, Left Shuffle.

17 - 18	Step Forward Left. Pivot 1/2	Turn Right.

19 - 20 Rock Step Forward On Left. Rock Back Onto Right.
21 - 22 Rock Step Forward On Left. Rock Back Onto Right.
Note: Steps 21 - 22 Can Be Replaced With A Forward Body Roll.

23 & 24 Step Forward Left. Step Right Beside Left. Step Forward Left.

Section 4 Rock Step, Turning Triple Step, Rock Step, Coaster Step.

25 - 26	Rock Step Forward On Right. Rock Back Onto Left
27 & 28	Triple Step - Right, Left, Right. Making 3/4 Turn Right.
29 - 30	Rock Step Forward On Left. Rock Back Onto Right.

31 & 32 Step Back Left. Step Right Beside Left. Cross Left Over Right.