# Don't Cha Wish

拍数: 64

级数: Beginner

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音乐: Don't Cha (feat. Busta Rhymes) - The Pussycat Dolls

## 64 Count Intro.

#### Sequence: AA BB AA BB AA BB

#### PART A -32ct - Verse

#### Step R, Hold, Step L Together, Hold, Step R, Hold, Step L Together, Hold

- Look L, upper body slightly turning L, as R hand goes over to L side of head and slides around the back of head, Step R foot to right side, R knee slightly bent inwards(1), Hold(2),
  Look forward, Step L foot next to right(3), R hand slides back to R side of neck, Hold(4),
  Look R, Step R foot to right side(5), Hold(6), Step L foot next to R foot(7), as R hand
  - straightens out to R side R palm facing 3 o?clock, Hold(8).

## Step L, Pump Pump, Step R Together, Hold, Step L, Pump Pump, Step R Together, Hold

- 1&2 Look L, Knees bent, Step L foot to left side, Hands in a fist, elbows up, at shoulder Level, Chest pushed forward as shoulders go back(1), Push shoulder forward, as chest Goes inwards/backwards(&) Chest pushed forwards as shoulder goes back again(2),
  3-4 Drop hands, Look forward, Step R foot next to L foot, straightening up(3), Hold (4),
- 5&6-8 (Repeat steps 1&2-4).

## 1⁄4 Turn L With Bumps, Step, Hold, 1⁄4 Turn L With Bumps, Step, Hold

- 1&2 Turn ¼ left, Step R foot to right side, but weight remains on L foot, Bump R twice, Look R as you bump, hands are crossed at wrist & are just at about L shoulder,
  3-4 Step R foot next to L foot, Weight is still on L foot, Hold (4).
- 5-8 (Repeat steps 1&2-4)

## Out, Out, In, In, Out, Out, In, In

- 1-2 Step R foot diagonally forward(1), Step L foot to left side(2),
- 3-4 Step R foot back(3), Step L foot next to R foot(4),
- 5-8 (Repeat steps 1-4).

## PART B - 32ct - Chorus

#### Pivot ½ Turn L, Step Feet Apart, Look Back, Slap Butt, Look Back, Slap Butt

- 1-2 Step R foot forward(1), Pivot <sup>1</sup>/<sub>2</sub> turn left, stepping on L foot(2),
- 3-4 Step R foot to right side(3), Step L foot to left side(4), Feet apart,
- 5-6 Looking back over R shoulder, Slap butt with R hand, (5), Hold(6),
- 7-8 Looking back over L shoulder, Slap butt with L hand, (7), Hold(8).

#### Anti Clockwise Hip Rolls X 2, Butt Roll (Or Body Roll steps on 5-8)

- 1-4 Still looking back, over left shoulder, Roll hips anti clockwise twice,
- 5-6 Feet still apart, Look forward, Bend knees, Back straight, Go straight downwards, Palms on thighs,
- 7-8 Push butt back out, as upper body leans forward, then straighten up,

#### Alternative steps for counts 5-8 - instead of doing the Butt Roll,

- 5-6 Swivel heels in(5), Swivel toes in, Feet should be together now(6),
- 7-8 Body roll forward.

## Shimmy, 1/2 Turn L Stepping R, L, R, L, R, L, R, L With Feet Apart

1-8 Shimmy shoulders, With feet slightly apart, thru out, make ½ turn left, Take little steps, Stepping R, L, R, L, R, L, R, L,





墙数

**墙数:**4

Out, Out, In, In, Out, Out, In, In

- 1-2 Step R foot diagonally forward(5), Step L foot to left side(6),
- 3-4 Step R foot back(7), Step L foot next to R foot(8),
- 5-8 (Repeat steps 1-4)

To FINISH: The music fades off, as you face the back wall, as you finish the Butt Roll(5-6), Just look over L Shoulder and hold that pose.

It?s an easy, fun, sexy dance. If you are not comfortable with the Butt Roll, do the alternative step, a Body Roll. Do try it!