Stay Now



编舞者: Rep Ghazali (SCO) - July 2005

音乐: Stay Now - Jem : (Album: Finally Woken)



Choreographer: Choreographed to: by Start on vocal (32 count from heavy drum beat)

01-08 walk walk, rock & 1/2 turn, rock forward recover, coaster skate 1 2 walk forward R, walk forward L (12) 3&4 rock forward on R, recover on L, turn ½ R stepping R forward (6) 5 6 rock forward L, recover on R (6) 7&8 step back L, step together R, skate forward L (6)

09-16 skate R skate L, sailor R, sailor L, cross unwind 1/2 turn 12 skate R forward, skate L forward (6) (tag & restart facing 9 o?clock wall) 3&4 step R behind L, step L to L side, step R to R side (6) 5&6 step L behind R, step R to R side, step L to L side (6)

7 8 cross R over L, unwind ½ turn L (taking weight on R) (12)

17-24 rock back recover, 1/4 turn chasse, ½ pivot turn, triple ½ turn 12 rock back L, recover on R (12)3&4 step L to L side, step R together, turn 1/4 L stepping L forward (9) 5 6 step forward R, ½ pivot turn L (3) 7&8 triple ½ turn L on the spot stepping R, L, R (9)

25-32 sweep back, sweep back, back shuffle, step back & touch, shuffle forward 1 2 sweep L out to side then step back on L, sweep R out to side then step back R (9) 3&4 step back on L, step R together, step back on L (9) 5 6 step back on R, touch L in front on L (9) 7&8 step forward L, step R together, step L forward (9)

Tag & Restart: During the 4th wall the music fading and up again Do the dance up to count 10 (skate R, skate L) then add the following: 1-8 cross R over L and slowly unwind full turn L (taking weight on L) (9 o?clock)

Then restart the dance from beginning. Smile?.