Brokenhearted



拍数: 64 墙数: 4 级数: Improver

编舞者: Ingemar Kardeskog (SWE) - May 2005

音乐: Can't Stop My Heart - Brooks & Dunn: (Album: Tight Rope)



Intro: 32 counts	from first beat on vocal? ?Sitting in my world alone?
Section 1	Side, Break, Recover, Back Lock Back, Rondé, Break, Step, Basic Forward
1	Step R to right side

2-3 Break L across R. Recover to R

4&5 Step L back & Lock R in front of L, Step L back

Rondé (sweep) R back behind L & Break R, Step L forward 6&7

8&1 Step R forward & Close L beside R, Step R forward

Section 2 Step 1/4 Turn right, Behind & Side, Point, Press, Kick, Coaster Step

2-3 Step L forward, Turn 1/4 right stepping onto R

4&5 Step L behind R & Step R to right side, Point L in front of R

6-7 Press ball of L down, Kick L forward

Step L back & Step R beside L, Step L forward 8&1

Section 3 Step ½ Turn left, Left ¼ Turn Chasse, Break, Recover, Sailor ¼ Turn left

Step R forward, Turn 1/2 left stepping onto L 2-3

4&5 Turn 1/4 left stepping R to right side & Close L beside R, Step R to right side

Break L over R, Recover to R 6-7

Sweep L out to left behind R turning 1/4 left & Close R beside L, Step L slightly forward 8&1

Section 4 Press, Recover, Anchor Step, Walk, Lock behind, Basic Forward

2-3 Press R forward down slightly leaning upper body forward, Recover to L

4&5 Step R back & Lock L in front of R, Step R in place

6-7 Walk L forward, Lock R behind L

8&1 Step L forward & Close R beside L, Step L forward

Section 5 Step ½ Turn left, Left ¼ Turn Chasse, Break, Recover, Sailor ¼ Turn left

Step R forward, Turn ½ left stepping onto L 2-3

4&5 Turn 1/4 left stepping R to right side & Close L beside R, Step R to right side

Break L over R. Recover to R 6-7

8&1 Sweep L out to left behind R turning 1/4 left & Close R beside L, Step L slightly forward

Section 6 Step 1/4 Turn left, Cross Shuffle, Sway x2, Chasse left

Step R forward, Turn 1/4 left onto L 2-3

4&5 Cross R across L & Step L to left side, Cross R across L

6-7 Step L to left side Swaying to left side, Sway right take weight onto R

8&1 Step L to left side & Close R beside L, Step L to left side

Section 7 Break, Recover, Triple ½ Turn right, Point, Touch, Kick Ball Point

Break R behind L, Recover to L 2-3

4&5 Turn ¼ right stepping R to right side & Close L beside R, Turn ¼ right stepping R forward

6-7 Point L to left side, Touch L beside R

8&1 Kick L forward & Step on ball of L, Point R to right side

Section 8 Behind, Unwind 34 right, Basic Forward, Break, Recover, Side, Together

Touch R behind L, Unwind 3/4 right stepping down onto R 2-3 4&5 Step L forward & Close R beside L, Step L forward

6-7 Break R across L, Recover to L

88 Step R to right side & Close L beside R

KEEP THE CHA CHAAAAAA AND ENJOY THE FAB MUSIC!!!!!

