## You＇re Are The One

拍数： 48
墥数： 2
级数：Intermediate
编舞者：Doug Miranda（USA）\＆Jackie Miranda（USA）
音乐：You＇re The One－LMNT ：（CD：Radio Disney jams Vol．6，Walt Disney Records）

1－2 Step R forward，hold \＆3－4 Step L next to R，step R forward，hold 5－8 Rock forward on L， recover on $R$ ， touch $L$ toe back，make $1 / 2$ turn L （wt on L ）

SIDE STEP， TOUCH，1／4 TURN L STEP SIDE，TOUCH； 1／4 TURN L STEP SIDE， TOUCH，1／4 TURN L，STEP SIDE，TOUCH （COMPLETING A 3／4 ROTATION）
1－2 Step R to $R$ side，touch $L$ next to R 3－4 As you turn $1 / 4$ turn L ， step $L$ to $L$ side， touch R next to L 5－6 As you turn $1 / 4$ turn L ， step R to R side，touch $L$ next to R 7－8 As you turn $1 / 4$ turn L， step $L$ to $L$ side， touch R next to L（completing $3 / 4$ turn）

KICK FORWARD, CROSS, POINT; KICK FORWARD, CROSS, POINT; JAZZ BOX $1 / 4$ TURN 1\&2 Kick R forward, cross R over L, point L
to $L$ side
$3 \& 4$ Kick L forward, cross $L$ over R, point $R$
to $R$ side
5-8 Cross R over L, step back on L , turn
$1 / 4 \mathrm{R}$ stepping forward on R , step $L$ next to $R$

CROSS, POINTS TO SIDE
1-4 Cross touch R over L, point $R$ to $R$ side, cross $R$ over L (wt on R), point $L$ to $L$ side 5-8 Cross touch $L$ over R, point $L$ to $L$ side, cross L over R (wt on L), point $R$ to $R$ side

HIP ROLLS
LEFT AND
RIGHT; 1/4
TURN LEFT
HIP ROLLS
1-2 As you
step down on R
side roll hips
counterclockwis
e to L for 2
counts (wt on
R)

3-4 As you
step down on L
roll hips
clockwise to R for 2 counts (wt on L)

5-6 Step down on $R$ into a $1 / 4$ turn $L$ and roll
hips
counterclockwis e for 2 counts
(wt on R)
7-8 As you
step down on L
roll hips
clockwise to R for 2 counts (wt on L)

WEAVE RIGHT, HOLD AND
LOOK (OR VINE RIGHT, TOUCH);
WEAVE LEFT INTO 1/4 TURN
LEFT, HOLD
(OR VINE
LEFT, $1 / 4$
TURN LEFT, TOUCH)
1\&2\&3-4 Step R to $R$ side, step $L$ behind $R$, step $R$ to $R$ side, cross L over R, step $R$ to $R$ side, hold and look to R
5\&6\&7-8 Step L to $L$ side, step $R$ behind $L$, step $L$ to $L$ side, cross
R over $L$, turn $1 / 4$ turn $L$ and step L forward, hold as you look to $L$
*End the dance
with the 2
syncopated weaves to the 1st, 3rd and 5th walls (which is every time you start the dance to the front wall), end the dance with the 2 vines with a touch to the even walls (every time you start at the back wall). In other words, you will alternate (every other time) with the syncopated weaves first and then the vines. You can end the dance to the front wall by continuing to do hip rolls into a $1 / 4$ turn $L$ to face the front and keep doing the hip rolls $L$ \& R to the front wall as the music fades.

