

# Mowtown Miracle

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
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音乐: The Mowtown Song - Rod Stewart



**1-8 CROSS,  
SIDE, BEHIND,  
POINT, CROSS  
POINT, CROSS  
POINT**

1-4 Step R  
across left, Step  
L to left, Step R  
behind left,  
Point L to left  
[12]

5-8 Step L  
across right,  
Point R to side,  
Step R across  
left, Point L to  
side [12]  
(Counts 5-8  
travel forward)

**9-16 STEP  
BACK, 1/2  
TURN RIGHT,  
TWO STEP  
FULL TURN  
RIGHT (travels  
forward),  
ROCK,  
RECOVER,  
LEFT  
COASTER  
STEP**

1-2 Step L back,  
Make 1/2 turn  
right stepping R  
forward [6]

3-4 Make a full  
turn right  
(travelling  
forward)  
stepping L, R  
[6]

5-6 Rock L  
forward,  
Recover weight  
on R [6]

7&8 Step L  
back, & Step R  
beside left, Step  
L forward [6]

**17-24 KICK,  
KICK, CROSS,  
TOE, TOE,  
STEP-KICK,  
STEP-KICK,  
BALL-STEP,  
STEP**

1-2 Kick R  
forward to right  
diagonal X 2 [6]  
&3,4 & Step R  
across left,  
Touch L toes  
back to left  
diagonal X 2 [6]  
&5 & Step L  
slightly back,  
Kick R forward  
[6]  
&6 & Step R  
slightly back,  
Kick L forward  
[6]  
&7,8 & step L  
beside right,  
Step R forward,  
step L forward  
[6]

**25-32 CHASSE  
RIGHT, ROCK  
BACK,  
RECOVER,  
CHASSE LEFT,  
ROCK BACK,  
RECOVER**

1&2 Step R to  
right, & Step L  
beside right,  
Step Right to  
right [6]  
3-4 Rock L  
behind right,  
Recover weight  
on R [6]  
5&6 Step L to  
left, & Step R  
beside left, Step  
L to left [6]  
7-8 Rock R  
behind left,  
Recover weight  
on L [6]

**33-40 ROLLING  
VINE RIGHT,  
KICK, CROSS,  
BACK, BALL-  
CROSS, STEP  
1/4 LEFT**

1-4 Step R 1/4  
turn right, 1/4  
turn right  
stepping L to  
side, 1/2 turn  
right stepping R  
to side, Kick L  
forward [6]  
(easier option:  
Grapevine  
Right, Kick)  
5-6 Step L  
across right,  
Step R back [6]  
&7,8 & Step Ball  
of L back, Step  
R across left,  
1/4 turn left  
stepping L  
forward [3]

**41-48 STEP 1/4  
LEFT, BEHIND,  
SIDE, BALL-  
CROSS,  
TOUCH,  
CROSS  
SHUFFLE, 1/2  
RIGHT, STEP**

1-2 Make 1/4  
turn left  
stepping R to  
side, Step L  
behind right  
[12]  
&3,4 & Step ball  
of R to slightly  
back, Cross L  
over right, Point  
R toes to right  
[12]  
5&6 Step R  
across L, Step L  
to L, Step R  
across L [12]  
7-8 Step L to  
left, Make 1/2  
turn right  
stepping R to  
side [6]

**49-56 LEFT  
STEP, LOCK,  
SYNCPATED  
DIAGONAL  
CROSS  
ROCKS, STEP  
1/2 TURN  
LEFT**

1-2 Step L  
forward to left  
diagonal. Lock  
R behind left  
[4.30]  
&3,4 & Step L to  
left and slightly  
forward, Rock R  
across left,  
Recover weight  
on L [4.30]  
&5,6 & Step R  
to right and  
slightly forward,  
Rock L across  
right, Recover  
weight on R  
[7.30]  
&7,8 & Step L to  
centre (squaring  
off to wall), Step  
R forward, Pivot  
1/2 turn left  
weight ends on  
L [6]

**57-64  
DIAGONAL  
LOCK STEPS  
RIGHT and  
LEFT, RIGHT  
KICK-BALL-  
STEP, STEP  
1/4 LEFT**

1&2 Step R  
forward to right  
diagonal, &  
Lock L behind  
right, Step R  
forward to right  
diagonal [1.30]  
3&4 Step L  
forward to left  
diagonal, &  
Lock R behind  
left, Step L  
forward to left  
diagonal  
[10.30]

5&6 Kick R  
forward  
(squaring off to  
wall), Step ball  
of R to centre,  
Step L forward  
[12]  
7-8 Step R  
forward, 1/4 left  
taking weight on  
L [9]

**REPEAT**

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