Seacruise



拍数: 64 增数: 2 级数: Intermediate

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音乐: Seacruise - Scooter Lee: (CD: Walking On Sunshine)



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Section 1	Step forward & touch x 2, step back & touch x 2
1-2	Step right diagonally forward & touch left beside right - click fingers.
3-4	Step left diagonally forward & touch right beside left - click fingers.
5-6	Step right back diagonally & touch left beside right - click fingers.
7-8	Step left back diagonally touch right beside left - click fingers.

Section 2 Chasse right & back rock, chasse left & back rock

1 & 2	Step right to right side. Step left beside right. Step right to right side.

3-4 Rock back onto left. Rock forward on right.

5 & 6 Step left to left side. Step right beside left. Step left to left side.

7-8 Rock back on right. Rock forward on left.

Section 3 Kick right forward, coaster step. Kick left forward, coaster step

1-2 Kick right forward and to the right side.

3 & 4 Step right back. Step left beside right. Step right forward.

5-6 Kick left forward and to the left side.

7 & 8 Step left back. Step right beside left. Step left forward.

Section 4 Shuffle forward x 2, step forward touch, 1/4 turn left and touch 1 & 2 Step right forward, close left beside right. Step right forward. Step left forward, close right beside left. Step left forward.

5-6 Step forward on right and tap left toe behind.

7-8 Turn 1/4 turn left stepping onto left and touch right beside left.

Section 5 Grapevine right with touch. Grapevine left with touch

1-2	Step right to right side. Cross left behind right.
3-4	Step right to right side. Touch left beside right.
5-6	Step left to left side. Cross right behind left.
7-8	Step left to left side. Touch right beside left.

Section 6 Paddle turn x 2. Jump forward, jump back

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1-2	Step forward on right and pivot left making 1/8
3-4	Step forward on right and pivot left making 1/8.

5 & 67 & 8Jump forward - right, left and clap.Jump back - right, left and clap.

**Section 7 Cross, side, back rock. Step, hold & click, cross hold & click

1-2	Cross right over left, step to left on left.
3-4	Rock back on right, rock forward onto left.
5-6	Step to right on right, hold and click.
7-8	Cross left over right, hold and click.

Section 8 Chasse right, back rock. Kickball change, kickball touch

1 & 2	Step right to right side. S	Step left beside right. S	Step right to right side.

3-4 Rock back on left, rock forward onto right

5 & 67 & 8Kick left forward. Step left beside right. Step right in place.7 & 8Kick left forward. Step left beside right. Touch right beside left.