Hey Yaaah



拍数: 48 编数: 4 级数: Intermediate

编舞者: Alan Birchall (UK)

音乐: Wild West Show - Big & Rich



NOTE: Towards The End Of The Song the music slows for 16 counts - Dance at normal speed (takes practice)

HEEL ?GRIND? 1/4 TURN, COASTER STEP x2

STEP x2 1-2 Twist ?Grind? Right Heel, Making 1/4 Turn Right (Facing 3 ?0? Clock) 3&4 Step Back On Right, Step Left By Right, Step Forward On Right 5-6 Twist ?Grind? Left Heel, Making 1/4 Turn Left (Facing 12 ?0? Clock) 7&8 Step Back On Left, Step Right By Left, Step Forward

STEP, 1/4
PIVOT, CROSS
1/4 TURN
BACKWARDS,
1/2 TURN,
KICK BALL
STEP
1-2 Step
Forward On
Right, 1/4 Pivot
Left (Facing 9
?0? Clock)

On Left

3-4 Cross Right Over Left, Step Back On Left Making 1/4 Turn Right (Facing 12 ?0? Clock) 5-6 Making 1/2 Turn Right Step Forward On Right, Step Forward On Left (Facing 6 ?0?Clock) 7&8 Kick Right Foot Forward, Step Right By Left, Step Forward On Left

MAMBO FORWARD. MAMBO BACK, SIDE ROCK, RECOVER, **CROSS**, 3/4 **TURN BACKWARDS** 1&2 Rock Forward On Right, Recover On Left, Step Back On Right 3&4 Rock Back On Left, Recover On Right, Step Forward On Left 5&6 Rock Right To Right, Recover On Left, Cross Right Over Left 7-8 Making 1/4 Turn Right Step Back On Left, Making 1/2 Turn Right Step Forward On Right (Facing 3 ?0? Clock)

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, ROCK, RECOVER

1-2 On Slight Diagonal To Left Rock Forward On Left, Recover On Right &3-4 Step Left By Right, Rock Back On Right, Recover On Left 5-6 On Slight Diagonal To Right Rock Forward On Right, Recover On Left &7-8 Step Right By Left, Rock Back On Left, Recover On Right

STEP, 3/4 TURN, BACKWARDS, SIDE SHUFFLE, **RIGHT** SAILOR, LEFT **SAILOR** 1-2 Step Forward On Left, Make 3/4 Turn Right (Facing 12 ?0? Clock) 3&4 Step Left To Left, Right By Left, Step Left To Left 5&6 Cross Right Behind Left, Step Left In Place, Step Right By Left 7&8 Cross Left Behind Right, Step Right To Right, Step Left In Place

RIGHT SWIVET, LEFT SWIVET, SIDE SHUFFLE, HOOK 1/4, SHUFFLE, STEP, 1/2 PIVOT

1& On Ball Of Left And Heel of Right Pivot Right, Return To Place 2& On Ball Of Right And Heel Of Left Pivot Left, Return To Place 3&4 Step Right To Right, Step Left By Right, Step Right To Right & Make 1/4 Turn Left Hooking Left Over Right (Facing 9 ?0? Clock) 5&6 Step Forward On Left, Step Right By Left, Step Forward On Left

7-8 Step Forward on Right Right, 1/2 Pivot Left (Facing 3 ?0? Clock)

START AGAIN