

My First Time

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4
编舞者: Louis James Sequeira (SG)
音乐: Like a Virgin - Madonna

级数: Intermediate



ROCK
RECOVER,
SIDE SHUFFLE
TO
RIGHT, ROCK
RECOVER,
SIDE SHUFFLE
TO LEFT

1-2 Step Right
across Left and
rock diagonally
forward,
Recover weight
on Left
3&4 Side shuffle
right - Step side
Right, close Left

beside Right,
Step side Right
5-6 Step Left
across Right
and rock
diagonally
forward,
recover weight
on Right
7&8 Side shuffle
left- Step side
Left, close Right

beside Left,
Step side Left

ROCK
RECOVER,
SIDE SHUFFLE
TO
RIGHT, ROCK
RECOVER,
SIDE SHUFFLE
TO LEFT

1-3 Step Right
across Left and
rock diagonally
forward,
Recover weight
on Left

3&4 Side shuffle
right - Step side
Right, close Left

beside Right,
Step side Right
5-7 Step Left
across Right
and rock
diagonally
forward,
recover weight
on Right
7&8 Side shuffle
left- Step side
Left, close Right

beside Left,
Step side Left

**FORWARD
RIGHT
SHUFFLE,
RIGHT
PIVOT, FORWA
RD LEFT
SHUFFLE,
LEFT PIVOT**

1&2 Forward
Right Shuffle-
Step Right
forward, Step
Left
behind Right,
Step Right
forward
3-4 Pivot $\frac{1}{2}$ turn
to the right (step
Left forward,
half
right turn
transferring
weight onto
Right)
5&6 Forward
Left shuffle-
Step Left
forward, Step
Right behind
Left, Step Left
forward
7-8 Pivot $\frac{1}{4}$ turn
to the left (step
Right forward,
quarter left turn
transferring
weight onto
Left)

STOMP
STOMP CLAP
CLAP,STOMP
STOMP CLAP
CLAP

1-2 Stomp
Right, Stomp
Left
3-4 Clap, Clap
5-6 Stomp
Right, Stomp
Left
7-8 Clap, clap

RIGHT
SAILOR, LEFT
SAILOR,
RIGHT KICK
BALL
CHANGES

1&2 Cross step
Right behind
Left, step Left to
left
side, Step Right
to right side
3&4 Cross step
Left behind
Right, step
Right to right
side, step Left
side
5&6 Kick Right
forward, Step
Right beside
Left, Step
Left in place
7&8 Kick Right
forward, Step
Right beside
Left, Step
Left in place

REPEAT
