

级数: Intermediate



拍数: 44 墙数: 4

编舞者: Judy McDonald (CAN)

音乐: Hey Ya! - Outkast

This is a 44 count 4-wall line dance rotating right. This is a VERY quick start.start after vocalist gives 3 count intro.move on count 4! The count for this song is 8-6-8 throughout the whole song.which explains the odd step count.

1 2 3 4 R side strut, L cross strut

Step R toe to side (1), drop R heel (2), cross L toe in front of right (3), drop L heel (4)

5 6 7 8 R step back, L kick, L ¼ turn step, R step together

Step R back (5), kick L forward (6), step L to the side making ¼ turn (7), step R beside left (8) .now facing left of start wall.or 9 o'clock

1 2 3 4 L step in place, R touch side, R hitch, R touch side

Step L beside right (1), touch R out to side (2), hitch R knee up (3), touch R out to side (4)

5 6 R kick, R cross step

Kick R on diagonal right (5), step R across in front of left (6)

1 2 3 4 L ¼ turn step back, R step together, L touch, L step

Step L back making ¼ turn right (1), step R beside left (2), touch L toe beside right (3), step L slightly to side (4) now facing front again.or 12 o'clock

5 6 7 8 Hip bumps L, hold, bump L, bump L

Bump hips L (5), hold (6), bump hips L (7), bump hips L (8).this could be counted with the "&" counts as preps to the right for the left bumps.

1 2 3 4 R vine ¼ turn, L touch

Step R to side (1), step L behind right (2), step R to side making ¼ turn right (3), touch L beside right (4) .now facing right of start wall.or 3 o'clock

5 6 7 8 L step side, R knee bend, R taking weight, L step together

Step L to side (5), bend R knee in to left bending left knee slightly and leaning slightly forward (6) stand back up taking weight on R (7), step L beside right (8)

1 - 6

1 - 8

The Jerk!

Do the "Jerk" for 6 counts - put R arm up for 1-2, L arm up for 3-4, R arm for 5, L arm for 6.incase you don't know what the Jerk is.with feet together, you contract and release your hips and upper body while alternating your arms up and down Shimmy!

Step R (1), kick L (2), step L (3), kick R (4), step R (5), kick L (6), step L (7), kick R (8).do this while doing the "Shimmy" .shake your shoulders and even your hips!.put some action into it!.for those who can, remember the '60s!