

# Rock With You

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Intermediate (EC Swing)  
编舞者: Michael Barr (USA)  
音乐: Rock With You Now - The Bama Band : (CD: Takin' Off The Edge)



Intro:: 32 counts.

**Alternative Music: Any East Coast Swing music you like will do just fine.**

- 1 – 8      SHUFFLE RIGHT, ROCK STEP – SHUFFLE LEFT, ROCK STEP  
1 & 2      Step R foot side right; Step L foot beside right; Step R foot side right  
3 – 4      Step (rock) back on L foot; Return weight to R foot in place  
5 & 6      Step L foot side left; Step R foot beside left; Step L foot side left  
7 – 8      Step (rock) back on R foot; Return weight to L foot in place
- 9 – 16      SHUFFLE RIGHT 1/4 TURN LEFT, ROCK STEP – SHUFFLE 1/2 TURN RIGHT, ROCK STEP  
1 & 2      Step R foot side right; Step L foot beside right; Turn ¼ left, stepping back on R foot  
3 – 4      Step (rock) back on L foot; Return weight to R foot in place  
5 & 6      Turn ¼ right stepping L foot side left; Step R foot beside left; Turn ¼ right stepping L foot back  
7 – 8      Step (rock) back on R foot; Return weight to L foot in place

**Note: On wall 5 there is a restart after you complete this set of 8 counts (see below).**

- 17–24      STEP, HOLD, STEP, STEP HOLD – ROCK, RETURN, COASTER STEP  
1 – 2      (1) Step R foot forward; (2) Hold  
&3–4      (&) Step L foot next to right instep; (3) Step R foot forward; (4) Hold  
5 – 6      Step (rock) L foot forward; Return weight to R foot in place  
7 – 8      Step L foot back; Step R foot (back) next to left; Step L foot forward
- 25–32      TOUCH, TOUCH, SAILOR STEP – SYNCOPATED VINE RIGHT  
1 – 2      Touch R forward; Touch R side right  
3 & 4      Step ball of R behind left; Step L next to right; Step R side right and slightly forward on the right diagonal  
5&6&      Step L behind right; (&) Step R side right; Step (cross) L in front of right; (&) Step R side right  
7 & 8      Step L behind right; (&) Step R side right; Step (cross) L in front of right

**BEGIN AGAIN!**

**Restart: During wall 5, restart the dance after count 16. You will be facing the 3 o'clock wall.**

**Reminder: Wall 5 starts facing the 12 o'clock wall but counts 1-16 bring you to the 3 o'clock wall.**