

Under My Umbrella

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mark Cosenza (USA) & Glen Pospieszny (USA) - September 2007
音乐: Umbrella (Seamus Haji & Paul Emanuel Radio Edit) - Rihanna



(Please note this is not choreographed to the original version!)

1 – 8 TAP STEP R, ¼ TAP STEP L, STEP TOGETHER, ¼ BUMP & BUMP
1 - 2 Tap R Fwd, Step down on R
3 - 4 Pivot ¼ L and Tap L Fwd, Step down on L (9:00)
5 - 6 Step R next to L, Pivot ¼ L (Weight remains on R) but keep head looking at 9:00 wall
7& 8 Bump hips L, R, L (head looks forward on count 8)

(Note: You are actually bumping your hips forward and back to the 6:00 wall)

9 - 16 TAP KNEE ROLL, CROSS ROCK BACK, STEP BEHIND ¼ CROSS TURN STEP
1 - 2 Tap R next to left and roll knee clockwise stepping down on R (6:00)
3 - 4 Cross Rock L behind R, Recover
5 – 6 Step L next to R, Cross R behind L
&7-8 Step Down L next to R, Cross R in front of Left and pivot ¼ L, Step Fwd L (3:00)

17 – 24 STEP HOLD, ROLL IN AND OUT, STEP BACK, COASTER STEP, LOCK BEHIND
1 - 2 Step R next to L, Hold

(Arm Movements: Punch Left arm in a fist chest level from L to R, Take R hand and cup over L fist pushing it back from R to L)

3 - 4 Roll both knees inward to outward slightly dipping down and up (keep weight on L)
5 – 6& Step R slightly back, Step L behind R, Step R next to L
7 – 8 Step L fwd, Lock R behind L

25 – 32 UNWIND, BOUNCE, BOUNCE, BOUNCE, CROSS ROCK BACK, RECOVER, CROSS FORWARD X2

1 - 4 Unwind ½ to the Right slightly bouncing heels for each count (Weight on L) (9:00)
5 – 6 Cross Rock R behind L, Recover
7 Cross Step forward R in front of L
8 Cross Step forward L in front of R

Begin Again