Country Train Shuffle

拍数: 32	墙数: 1	级数: Beginner

编舞者: Roland (Gutz) Gutzwiller (CH) - September 2007

音乐: Playin' Every Honky Tonk In Town - Heather Myles

Alt. Music suggestions

Trashy Woman (Dance Mix) by Confederate Railroad (144 bpm); (start after 32+32+16)

Or 634-5789 by Trace Adkins (120 bpm) (start after 16 counts)

Start after 16 counts,

SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

1&2,3,4	R right, L next to R, R right, rock L behind R, recover on R
5&6,7,8	L left, R next to R, L left, rock R behind L, recover on L

SHUFFLE FORWARD, 1/2 RIGHT, SHUFFLE FORWARD, 1/2 LEFT

1&2	R forward, L next to R, R forward
3,4	L forward, turn 1/2 right on L and R forward
5&6	L forward, R next to L, L forward
7,8	R forward, turn 1/2 left on R and L forward

R DIAG. RIGHT, L NEXT TO R, CLAP, CLAP, L DIAG. LEFT, R NEXT TO L, CLAP, CALP

1-4	R diagonally right, touch L next to R, clap, clap
5-8	L diagonally left, touch R next to L, clap, clap

R BACKWARDS, L BACKWARDS, CLAP, CLAP (x3)

& 1,2	R backwards, L backwards, clap
& 3,4	R backwards, L backwards, clap
&5,6,7,8	R backwards, L backwards, clap, clap, clap

BEGIN AGAIN…………... AND SMILE !