Venus Cha

级数: Improver

编舞者: Isabella Lau (CAN) - October 2007

音乐: Venus - Stefanie Yanzi Sun

SIDE, FORWARD ROCK, LEFT SHUFFLE, SWEEP STEP BACK, RIGHT SHUFFLE

- 1-2-3 Step right to right side, rock left forward, recover onto right
- 4&5 Shuffle back left, right, left
- 6-7 Sweep right behind left (weight on right), sweep left behind right (weight on left)
- 8&1 Shuffle forward right, left, right

ROCK & RECOVER, ½ LEFT SAILOR, ROCK & RECOVER, ½ RIGHT SAILOR

- 2-3 Rock left forward, recover onto right
- 4&5 Cross left behind right, make 1/2 turn left stepping right next to left, step left forward
- 6-7 Rock right forward, recover onto left
- 8&1 Cross right behind left, make ½ turn right stepping left next to right, step right forward

SKATE TO LEFT, RIGHT, CHASSE LEFT, SKATE TO RIGHT, LEFT, CHASSE RIGHT

- 2-3 Swivel left diagonal to left, swivel right diagonal to right
- 4&5 Step left to left side, step right next to left, step left to left side
- 6-7 Swivel right diagonal to right, swivel left diagonal to left
- 8&1 Step right to right side, step left next to right, step right to right

CUBAN BREAKS ¼ RIGHT 2X

- 2&3 Cross/rock left over right, recover onto right, step left to left side
- 4&5 Cross/rock right over left, make 1/4 turn right recover onto left, step right to right side
- 6&7 Cross/rock left over right, recover onto right, step left to left side
- 8& Cross/rock right over left, make ¼ turn right recover onto left

REPEAT

RESTART: Dance the first 24 and ½ counts of wall 3 (facing front wall) and restart from the beginning

TAG: After wall 7(facing front wall)

1-6 Sway hips to right, left, right, left, right, left (weight on left)





拍数: 32

墙数:4