

# Dance!

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Everybody Dance - Lemon Ice



## Rock Step together, Rock Step together, Kick ¼ turn R, Heel swivels

- 1&2      RF rock step fwd, step together
- 3&4      LF rock step back, step together
- 5&6      RF kick fwd. and turn ¼ right and hitch knee, step together
- 7&8      Heel swivels L-R, back to the centre

## Slide Back, Run, Run, Run, Hold, Step, Point To The Side, Cross

- 1-2      RF slide back ( LF- Toes up ), hold
- 3&4      LF walk back, RF walk back, LF walk back
- 5-6      Rock weight to the RF, LF step fwd.
- 7-8      RF point to the R side, Cross RF over LF

## Point, Cross , Point, Hitch, ¼ turn, Together, Hold, Rock Step, 3x Skates

- 1-2      LF Point to the L side, Cross
- 3&4      RF point to the R side, turn ¼ to the R and hitch R knee, together, hold
- 5&6      LF rock step to the L side, together (both hands push away from the floor)
- 7&8&      RF Skate to the R, LF Skate to the L, RF Skate to the R, weight to LF

## Triple Step, Step fwd. , Hold, Bouncing Knees, Sweep ¼ Turn, Touch

- 1&2      RF triple step to the R side
- 3-4      LF step fwd., hold
- 5-6      2 X bouncing both knees
- 7-8      RF sweep and make a ¼ turn to the L, touch RF next to LF

Begin again.

One Tag, after the 2nd Wall:

## Grapevine with ¼ Turn, Heel, Heel, Cross Undwind Full Turn

- 1-2      RF step to the side, LF cross behind RF
- 3-4      RF ¼ turn R, LF together
- 5&6&      R Heel fwd, step together, L Heel fwd, step together
- 7&8      RF cross over LF, full turn over left shoulder

## Point, Point, Sailor Step, ¼ Turn, ¼ Turn

- 1-2      LF Point fwd., LF Point to the L side
- 3&4      LF Sailor step with ¼ turn left
- 5-6      RF step fwd, ¼ turn to the left side (weight on RF)
- 7-8      LF step fwd, ¼ turn to the right side (weight on LF)

**DANCE AND FEEL IT!**