Love And Respect



音乐: Love and Respect - D.J. In the Night: (Playa Total 2 - CD ref CD2137)



RIGHT, TOGETHER, CHASSE RIGHT SIDE, CROSS ROCK ROCKING CHAIR, 1/2 LEFT

1-2 Step right to side, left beside right with Cuban Hips

3&4 Step right & step left, step right

5&6& Cross left over right, recover weight on right foot, Rock Left Diagonally Back, recover weight

on Right

7&8 Cross left over right, recover weight on right foot, Turn 1/2 Left stepping on Left

(you will end up at 6.00 clock wall facing diagonally Right)

RIGHT, TOGETHER, CHASSE RIGHT SIDE, CROSS ROCK ROCKING CHAIR, 1/4 LEFT

1-2 Step right to side, left beside right with Cuban Hips

3&4 Step right & step left, step right

5&6& Cross left over right, recover weight on right foot, Rock Left Diagonally Back, recover weight

on Right

7&8 Cross left over right, recover weight on right foot, Turn 1/4 Left stepping on Left

(you will end up at 3.00 clock wall)

WALK FORWARD RIGHT, LEFT, RIGHT MAMBO, ANGLED TRIPLES BACKWARDS

1-2 Walk forward Right, Left

3&4 Rock forward on Right, Recover weight to Left, Step back on Right

Left Triple back Stepping Left, Right Left (Turn Body slightly to face Left as you Lt Triple

back)

7&8 Right Triple back stepping Right, Left, Right (Turn Body slightly to face Rt as you Rt Triple

back)

LEFT SHUFFLE 1/2 TURN, STEP RT OUT, LEFT OUT, RT COASTER, MAMBO 1/2 RT

1&2 Left Shuffle making 1/2 Turn Left stepping Left, Right, Left (9.00)

Step Right diagonally forward (Turn Right Knee out as you step on Right)
Step Left diagonally forward (Turn Left Knee out as you step on Left)

5&6 Step back on Right, Step Left beside Right, Step Right Forward

7&8 Rock forward on Left, Recover weight on to Right, Make 1/2 Turn Left stepping on Left (3.00)

REPEAT

Dance Alternative floor Splits

The Dance also fits these dances – Not like That (Ashley Tisdale) – Isle of Paradise (Blue lagoon) or Lamtarra Rumba