Old Tears



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Old Tears - Ilse DeLange



16 Count Intro

Step Forward. Step. Pivot 1/2 Turn Left & Step Forward. Step. Pivot 1/2 Turn Right & Cross. 1/4 Turn Left. 1/2 Turn Left. Forward Rock & Step Back.

1 Long step forward on Left allowing Right toe to Drag up towards Left.

Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (Facing 6 o'clock)
Step forward on Left. Pivot 1/2 turn Right. Cross step Left over Right. (Facing 12 o'clock)
Turn 1/4 turn Left stepping back on Right. Turn 1/2 turn Left stepping forward on Left.
Rock forward on Right. Rock back on Left. Long step back on Right allowing Left to Drag

toward Right.

(Facing 3 o'clock)

Side Rock 1/4 Turn Left. & Step Forward. 1/2 Turn Left with Sweep. Cross Rock Back & Side Step Left. Cross Rock Back & Chasse 1/4 Turn Right.

2&3 Turn 1/4 turn Left rocking Left out to Left side. Recover weight on Right. Step forward on Left.

4 T urn 1/2 turn Left stepping back on Right – Sweeping Left out to Left side.

5& Rock back Left behind Right. Rock forward on Right.

6 Long step Left to Left side – allowing Right toe to Drag/Slide towards Left. (Weight on Left)

7& Rock back Right behind Left. Rock forward on Left.

8&1 Step Right to Right side. Close Left beside Right. Turn 1/4 turn Right stepping forward on

Right.

(Facing 9 o'clock)

Note: Count 4 above: Should be a Continuous Sweep around from Front to Back.

Step. Pivot 1/4 Turn Right & Cross. 2 x Diagonal Steps Back. Cross. Back Rock. Full Turn Right.

Step forward on Left. Pivot 1/4 turn Right. Cross step Left over Right. (Facing 12 o'clock)
Step Right Diagonally back Right. Step Left Diagonally back Left. (Body Facing Left

Diagonal)

5 Lock step Right across Left. (Body still on the Left Diagonal)

6 – 7 Straighten Up to 12 o'clock ...Rock back on Left – popping Right knee forward. Rock forward

on Right.

8&1 Travelling Forward ...Turn a Full turn Right stepping Left. Right. Left.

Forward Rock & 1/4 Turn Right. Cross. Side Step Right. Touch. 2 x Skates Forward. Back. Together.

2&3 Rock forward on Right. Rock back on Left. Turn 1/4 turn Right stepping Right Long step to

Right side.

4 Cross step Left over Right. (Facing 3 o'clock)

5& Step Right to Right side. Touch Left toe beside Right.

6 – 7 Skate slightly forward on Left. Skate slightly forward on Right.

8& Step back on Left. Step Right beside Left.

Start Again