Hot Stuff!!!



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Craig Bennett (UK) - November 2007

音乐: Hot Stuff - Craig David: (Album: Trust Me)



Section 1 - Rock forward, Side rock, Sailor 1/4 turn, Walk left, right, Full turn

Rock forward onto right, Recover back onto left, Rock right to right side, Recover on to left Step back onto right, Step left to left side making a ¼ turn right, Step forward onto right

5-6 Walk forward onto left, Walk forward onto right

7&8 Full turn forward turning left, right, left

Section 2 - Press kick, Coaster step, Step 1/4 turn, Cross shuffle

1-2 Press forward onto right, Recover weight onto left

3&4 Step back onto right, Bring left in place, Step forward on to right

5-6 Step forward onto left, Make ¼ turn right 7&8 Left cross, right to right, Cross left over right

Section 3 - Touch and Touch, Heal and Heal, Hitch step touch and spilt

1&2 Touch Right toe to right side, Bring right in place, Touch left to left side

Twist left heal to left side, bring in place, twist right heal to right side, Bring in place

5-6 Hitch right knee up (5), Step down onto right taking weight (6)

7&8 Step left in place (7), Spilt both knees apart, bring back together (&8)

Section 4 - Touch unwind 1/4 turn, Touch turn touch, 1 and 1/4 turn left

1-2 Touch right toe back, unwind ¼ right take weight onto right

3&4 Touch right toe to right side, Bring right in place, Make ¼ turn right as you touch left to left

side

5-6 ½ turn stepping forward onto left, ½ turn stepping back onto right

7-8 ½ turn stepping forward onto left, touch right toe in place

START AGAIN AND ENJOY!