

# Nothin'

拍数: 56      墙数: 4      级数: Intermediate  
编舞者: Christopher Steele (UK) - October 2007  
音乐: Nothin' Better to Do - LeAnn Rimes : (CD: Family)



Intro: 16 counts.

**Point, 1/4 Turn, Point, Coaster Step, Rock Recover, 1/2 Turn, Point, 3/4 Triple Turn.**

1&2            point right to right side, 1/4 monterey turn, point left to left side.  
3&4            step back on left foot, step right beside left, step left foot forward.  
5&6&          rock forward on right, recover on left, 1/2 turn right stepping forward on right, point left to left side  
7&8            3/4 turn stepping left, right, left.

Restart here on wall 3

**Side Rock Recover, Cross, Kick, 1/4 Turn Sailor Step, Full Triple Turn, Rocking Chair.**

1&2&          rock to side on right, recover onto left, cross right over left foot, kick left foot diagonally forward  
3&4            step left behind right, 1/4 turn right stepping forward on right, step left to left side.  
5&6            full turn left stepping right, left, right.  
7&8&          rock forward on left foot, recover onto right, rock back on left foot, recover onto right.

**Option: counts 5&6 can be a right shuffle forward: step right foot forward, step left beside right, step right foot forward**

**Kick, Cross, Back Back, Kick, Cross, Back Back, Cross Rock Recover, Step, Touch, Chasse Right.**

1&2&          kick left foot forward, cross left over right, step back on right, step back on left.  
3&4&          kick right foot forward, cross right over left, step back on left, step back on right.  
5&6&          rock crossing left over right, recover on right, step left to left side, touch right beside left.  
7&8            step right to right side, step left beside right, step right to right side.

**Sailor Step, Behind Unwind, Sailor Step, Behind Unwind.**

1&2 s          tep left behind right, step right to right side, step left to left side.  
3-4 l          ock right behind left, unwind 1/2 turn turning right.  
5&6 r          epeat counts 1&2  
7-8 l          ock right behind left, unwind 3/4 turn turning right.

**Kick Ball Change, Kick Back, Step Out, Step Out, Cross Rock Recover 1/4 Turn, Rock Recover 1/2 Turn**

1&2            kick right foot forward, step right foot back as you lift the left foot off the ground, replace left foot.  
&3&4          kick right foot forward, step right foot back, step left to left side, step right to right side.  
5&6            rock crossing left over right, recover onto left, 1/4 turn left stepping forward on left.  
7&8            rock right foot forward, recover onto left, 1/2 turn right stepping forward on right.

**Rocking Chair, Shuffle Forward, 1/2 Triple Turn, Full Triple Turn.**

1&2&          rock forward on left foot, recover onto right, rock back on left foot, recover onto right.  
3&4            step left foot forward, step right beside left, step right foot forward.  
5&6            1/2 turn left stepping right, left, right.  
7&8            full turn traveling forward stepping left, right, left.

**Option: counts 7&8 can be a left shuffle forward: step forward on left, step right beside left, step forward on left**

**Chasse Right, Sailor Step, Rock Recover, Step, Rock Recover, Touch.**

1&2            step right to right side, step left beside right, step right to right side.

3&4            step left behind right, step right to right side, step left to left side.  
5&6            rock crossing right over left, recover on left, step right to right side.  
7&8            rock crossing left over right, recover on right, step left to left side.

**Begin again.**

**RESTART:**

**There is 1 restart and it occurs on wall 3 after counts 1-8.**

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