

Rock n Roll

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver

编舞者: Gerald Biggs (USA) - November 2007

音乐: Rock 'n Roll Angel - The Kentucky Headhunters : (CD: The Best Of The Kentucky Headhunters)



Or Music: When The Sun Goes Down by Kenny Chesney [CD When The Sun Goes Down]

SIDE ROCK, FORWARD SHUFFLE, SIDE ROCK, FORWARD SHUFFLE

- 1-2 Step RT to side, Recover weight on LT
- 3&4 Shuffle forward, R,L,R
- 5-6 Step LT to side, Recover weight on RT
- 7&8 Shuffle forward, L,R,L

STEP ½ TURN, ROCK RECOVER, FULL ROLLING TURN, ROCK RECOVER

- 1-2 Step forward RT, Pivot ½ turn LT
- 3-4 Step back on LT, Recover forward on RT
- 5-6 Make a full turn RT by stepping LT forward into ½ turn RT, Step RT forward into ½ turn RT
- 7-8 Rock forward on LT, Recover weight on RT

SHUFFLE BACKWARDS, STEP ½ TURN, SHUFFLE FORWARD

- 1&2 Shuffle backwards, L,R,L
- 3&4 Shuffle backwards, R,L,R
- 5-6 Step forward LT, Pivot ½ turn RT (weight RT)
- 7&8 Shuffle forward, L,R,L

SIDE TOGETHER RT, DOUBLE TOE TAPS, SIDE TOGETHER LT, DOUBLE TOE TAPS

- 1&2 RT side shuffle, R,L,R
- 3-4 Tap LT toe twice (across & forward of RT foot, LT heel should point to 4:00)
- 5&6 LT side shuffle, L,R,L
- 7-8 Tap RT toe twice (across & forward of LT foot, RT heel should point to 8:00)

ROCK RECOVER, STEP TURN, COASTER STEP, STEP TURN

- 1-2 Step back on RT, Recover forward on LT
- 3-4 Step forward RT, Pivot ½ turn LT
- 5&6 Step back on LT, Step RT next to LT, Step forward LT
- 7-8 Step forward on RT, Pivot ¼ turn LT (weight LT)

Start Again