Cha Cha With Me

拍数: 32

级数: Improver

编舞者: Niels Poulsen (DK) - November 2007

音乐: Dance With Me - Michael Bolton : (Album: Only A Woman Like You from 02)

Intro: 32 counts from first beat, 17 seconds into track

(1 – 8) Side step R, rock L fw, chasse L, rock back R, step lock fw

- 1 3Step R to R side, rock L fw, recover weight back to R [12:00]
- 4&5 Step L to L side, bring R next to L, step L to L side
- 6 7Rock back R, recover L
- 88 Step fw R, lock L behind R

(9 – 16) Step R fw, step ½ turn R, step lock step fw, 2 walks, R kick ball

- 1 3 Step fw R, step fw L, turn ½ R (weight R) [6:00]
- 4&5 Step L fw, lock R behind L, step fw L
- 6 7 Walk fw R, walk fw L
- 8& Kick R fw, bring R next to L

(17 – 24) Bend R and point L to L, drag, & turn ¼ R, R step lock step fw, rock R fw with sweep, R sailor step

- 1 3 Bend R knee slightly pointing L to L side, drag L next to R over 2 counts (straightening R knee over counts 2-3)
- &4&5 Make sharp ¼ R on R, step L fw, lock R behind L, step L fw [9:00]
- 6 7 Rock fw on R, recover weight to L sweeping R out to R side
- Cross R behind L, step L to L side 8&

(25 – 32) Step R to R, L behind R, turn ¼ R, L step lock step, rock fw R, ¼ R with side together

- 1 3 Step R to R side, cross L behind R, turn ¼ R stepping fw on R [12:00]
- 4&5 Step L fw, lock R behind L, step L fw,
- 6 7Rock fw R, recover weight back to L
- Turn ¼ R stepping R to R side, bring L next to R [3:00] 8&

BEGIN AGAIN!





墙数:4