Hej Tomtegubbar

级数: Contra Beginner

编舞者: Micaela Svensson Erlandsson (SWE) - November 2007

音乐: Hej Tomtegubbar - Barnens Julfavoriter : (2005)

墙数:1

Intro 12 counts,

Sequence: A A Section A Step, Together 1-3 4-6	B B A Tag AA BB A Tag AA BB A , Step x2 Step R forward diagonally to the R , Step L next to R, Step R Diagonally forward. Step L forward diagonally to the L , Step R next to L, Step L Diagonally forward.
Cross, Unwind, 7-9 10-12	Step, Stomp X2, Hold Cross R over L, Turn ½ L, Step forward on left. Stomp R, Stomp L, Hold
Section B	
Toe fans, Claps	
13-14	Fan Right toes to Right, bring toes back to centre,
15	Stretch out arms in front of you and clap your hands against the person in front of you.
16-17	Fan Left toes to Left, bring toes back to centre,
18	Stretch out arms in front of you and clap your hands against the person in front of you.
Flicks, Claps	
19-20	Flick R heel out to R side & touch R heel with R hand, step R foot next to L.
21	Stretch out arms in front of you and clap your hands against the person in front of you
22-23	Flick L heel out to L side & touch L heel with L hand, step L foot next to R.
24	Stretch out arms in front of you and clap your hands against the person in front of you
Tag Clap on legs, Clap hands, Clap to sides	

1-3 Clap your hands against your thighs, Clap your hands, Put your arms to the sides and clap hands with the persons standing to your left and to your right.
4-12 Repeat 1-3 of tag.

NB. There is a brief pause of the music after the second part of the B sections. Simply wait (about 2 counts) for the music to continue and carry on with section A.





拍数: 24