

Lean Like a Cholo

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Doug Miranda (USA) & Jackie Miranda (USA) - October 2007
音乐: Lean Like A Cholo - Down



Chorus – 16 Counts

Set 1: Jump Forward (See Arm Positioning Below), Swivels Right, Swivels Left

&1 Jump forward R, L (Feet together, weight on both feet)
Arms and hands: Count 1 - Fists closed with top of hands facing up with knuckles touching each other, arms and elbows parallel to floor at chest level
2&3 Swivel to R side (heels, toes, heels)
Arms and Hands: With knuckles still together move arms side to side right, left, right keeping arms at chest level while you swivel to right side
4&5 While feet stay in place, keeping hands together raise arms up in front of face keeping elbows together for count 4, lower arms so hands are in front of face for the & count, bring arms to original position as in Count 1
6&7 Swivel to L side (heels, toes, heels)
Arms and Hands: With knuckles still together move arms side to side left, right, left keeping arms at chest level while you swivel to left side (weight ending on left)

Set 2: Rock, Recover, Cross, Tap, Cross, Tap; Full Circle Walk Around

8&1 Rock back on R, recover on L, cross touch R over L as you angle your body to R side leaning back with weight on L
Arms: Keep arms in same position as count 7 for counts 8&. On count 1 drop right arm to side leaving left arm parallel to floor with fist closed and elbow bent slightly pointing up
2 Tap R heel in place shifting weight forward to R foot
Arms: As you tap heel push elbow slightly forward
3 Cross touch L over R facing left diagonal leaning back with weight still on R
Arms: Lower L arm to side bringing Right arm parallel to floor with fist closed and elbow bent slightly pointing up
4 Tap L heel in place shifting weight forward to L foot
Arms: As you tap heel push elbow slightly forward
5-8 Leading with R foot walk around full circle to L returning to same wall (weight ending on L)
Arms: While walking in circle place both hands at chest level as if you are holding your suspenders. Walk with attitude!

Dance – 32 Counts

Set 1: Side Rock, Recover, Cross, Side Rock Recover Cross, ¼ turn Hip Roll, ¼ Turn Sit

1&2 Rock R to R side, recover on L, cross R over L
3&4 Rock L to L side, recover on R, cross L over R
5-6 Turn ¼ L as you step R to R side as you roll hips left to right (weight ending on R)
7-8 Slowly turn ¼ L sitting back on R leg (option: side body roll)

Set 2: Dorothy Step, Step Forward, ½ Turn Sailor Step, Step Out, Lean Left, Lean Right

1-2,& Step forward on L, lock R behind L, step forward on L
3-4&5 Step forward on R, swing L behind R turning ½ turn L ending with L behind R, step R to R side, step L to L side
6-8 Step R out to R side as you bend down weight even on both feet slightly leaning to R side, lean to L side slightly while moving upwards, lean to R side straightening upwards to R with weight on R Lean Like A Cholo (continued)

Set 3: Step Side, Sailor Step, ¼ Turn Left Sailor Step, Shoulder Shrugs Leaning To Right, Lean Forward ¼

Turn Left

- 1 Step L to L side
- 2&3 Right sailor step
- 4&5 Left sailor step turning $\frac{1}{4}$ turn L
- 6&7 As you step R to R side shrug shoulders 3 times as you lean on to R foot (weight on R)
- 8 Lean forward on to L in to $\frac{1}{4}$ turn L (weight on L)

Set 4: 2 $\frac{1}{2}$ Turns, Diagonal Knee Bends Forward

- 1-4 Step forward on R, turn $\frac{1}{2}$ turn L, step forward on R, turn $\frac{1}{2}$ turn L,
- 5-6 Facing L diagonal step forward on R bending both knees down, straighten up squaring shoulders and touch L next to R
- 7-8 Facing R diagonal step forward on L bending both knees down, straighten up squaring shoulders and touch R next to L

Begin Again

**Note: Every time you hear the Chorus "Elbows up from Side to side...." Do counts 1-16
When chorus is completed do main dance of 32 counts**
