

Human

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Deron Pardue - November 2007
音乐: Human - Jon McLaughlin : (CD: Indiana)



STEP, ROCK, RECOVER, BACK LOCK BACK, ¼ TURN, SWAYS

- 1 Step left foot forward
- 2-3 Rock right foot forward, recover left
- 4&5 Step right foot back, lock left in front of right, step right foot back
- 6 ¼ turn left stepping left to left side (facing 9:00)
- 7 Sway right changing weight to right foot
- 8& Sway left (weighting left), sway right (weighting right)

CROSS BEHIND, SCISSOR STEP, WALK AROUND, FULL TURN

- 1 Cross left behind right
- 2&3 Step right to right side, step left next to right, cross right over left
- Option: on count 3, turn 1/8 left with the right cross over to start the walk around; this would make counts 4 through 7 only a 3/8 turn in order to face 3:00**
- 4-5-6-7 Walk a semicircle to the left making ½ turn over 4 counts stepping left, right, left, right (3:00)
- 8& ½ turn right stepping left back, ½ turn right stepping forward on right

STEP, STEP, PIVOT, RUN (3X), TOUCH, TOUCH, TOUCH, TOUCH, STEP

- 1-2 Step left foot forward, step right foot forward
- 3 Pivot ½ turn left ending with weight on right and left toe pointed forward (end facing 9:00)
- Styling: bend knees slightly on count 2 to change body level; gradually raise level while slowly pivoting to count 3. When coming back up on three, lift the left foot slightly off floor, keeping the toe pointed down; the body should almost fall into count 4**
- 4&5 Run forward left, right, left
- 6 Touch right next to left (dragging/sliding right toe from count 5)
- Styling: during counts 4&5, dance into the floor lowering the body level slightly through these three steps. Between counts 5 and 6, raise the body back to normal level while doing forward body roll as you drag the right foot to touch on count 6, starting with the hips, then stomach, chest, shoulders and head**
- 7& Touch right toe forward, touch right next to left
- 8& Touch right toe to right side, place right next to left (weighting right)

STEP, ROCK RECOVER CROSS, ROCK RECOVER STEP, MAMBO ½ TURN, STEP, PIVOT TURN

- 1 Step left foot forward
- 2&3 Rock right to right side, recover on left, cross right over left
- 4&5 Rock left to left side, recover on right, step left foot forward
- 6&7 Rock right foot forward, recover on left, ½ turn right stepping right forward
- 8& Step left foot forward, ½ turn right (weighting right)

Begin again.

TAG: After second rotation, facing 6:00

STEP, TOUCH, RONDÉ, STEP

- 1-2 Step left foot forward, touch right toe forward
- 3-4 Sweep right toe around right side in a circular motion until right foot is behind left in 3rd position
- & Change weight stepping down on right foot

RESTART

On the 6th rotation (instrumental section of the song), dance the first 28 counts and restart, then dance the

first 20 counts and restart again. The first restart faces 6:00; the second faces 3:00

Placed 2nd at the Vegas Dance Explosion.
