Solid Rock (DTG)

拍数: 32

级数: Intermediate

编舞者: Val O'Connor (UK) - December 2007

音乐: Solid Rock - Dire Straits : (CD: Making Movies)

墙数: 2



ALTERNATIVE MUSIC : MONEY FOR NOTHING (SULTANS OF SWING, BROTHERS IN ARMS) NO TAG REQUIRED WHEN USING ALTERNATE MUSIC

INTRO - 32 COUNTS FROM HEAVY BEAT/PIANO (27SECS) (BPM 136)

SIDE ,TOUCH, ¼ LEFT TURN, ¼ LEFT POINT, CROSS BACK TURN, TOUCH, KICK

- 1-2-3-4 Step right to right side, touch left next to right instep, turn ¼ left stepping forward onto left, [9] turn1/4 left pointing right toe to right side. [6]
- 5&6 Cross right over left, turn ¼ right stepping back on left, step right to right side. [9]
- 7-8 Touch left toe next to right (dip both knees), kick left foot forward (stand up).[9]

ROCK BACK, FULL TURN RIGHT, SIDE ROCK CROSS, ¾ LEFT TURN

1-2-3-4 Rock back on left, recover weight onto right, ½ turn right stepping back on left, [3] ½ turn right stepping forward onto right. [9]

(Option 3-4) Walk forward left, right.

- 5&6 Rock left to left side, recover weight onto right, cross left over right and step down. [9]
- 7-8 Turn ¼ left stepping back onto right, turn ½ left stepping forward onto left. [12]

STEP, TOUCH, BACK TOUCH, ½ RIGHT SAILOR TURN, SCUFF STEP BACK

- 1-2-3-4 Step forward onto right to right diagonal, touch left toe next to right, step back on left to back left diagonal, touch right next to left. [12]
- 5&6 Cross right behind left, turn ½ right stepping left to side, step right to right side. [6]
- 7-8 Scuff left foot forward hitching it slightly, step back on left. [6]

FAST WEAVE LEFT & HEEL, & CROSS , PADDLE FULL LEFT TURN

- 1&2&3&4 Cross right behind left, (&) step left to left side, cross right in front of left, (&) step left to left side, cross right behind left, (&) step back slightly on left, dig right heel forward. [6]
- &5 (&) Step right next to left, cross left in front of right. [6]
- 6&7&8Turn ¼ left pointing right toe to right side, hitch right knee, turn ½ left pointing right toe to right
side, hitch right knee, turn ¼ right pointing right toe to right side. [6]

Option to paddle turn Point right toe to right side as you bump hips RLRLR.

Begin again.

TAG 1 AT THE END OF WALL 5 (FACING 6 O CLOCK)

- 1-2-3-4 Rock forward onto right, recover weight onto left, ½ turn right stepping forward on right, touch left toe next
- to right.
- 5-6-7-8 Rock forward on left, recover weight onto right, ½ turn left stepping forward on left, touch right next to left.

RESTART FROM THE BEGINNING

ENJOY VAL X

THIS DANCE IS DEDICATED TO GARY (DTG)