

Foldout

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Micaela Svensson Erlandsson (SWE) - December 2007
音乐: Sleepin' On the Foldout - Brad Paisley



Also:

West Texas Morning by Billy Keeble (104 bpm)

Intro: 16 counts.

Heel switches, Flick, Slap, Step, Modified Charleston, Turn ½ R

1&2& Touch R heel forward. Step R beside L. Touch L heel forward. Step L beside R.
3 Flick R heel out to R side & slap R heel with R hand.
4-6 Step R forward. Kick L forward. Step L beside R.
7-8 Touch R toe back. Turn on toe ½ turn R (end with weight on R).

Heel split, Shuffle forward. Rock step, Shuffle back

9-10 Split heels apart. Return heels to centre. (in the position you are standing after the turn).
11&12 Step forward right. Close left beside right. Step forward right.
13-14 Rock forward on left. Rock back on right.
15&16 Step back left. Close right beside left. Step back left

Turn ½ R, Turn ¾ R, Chasse, Heel Switches, Cross, Unwind

17-18 Turn ½ R on ball of L. Step R forward. Step forward on L. Turn ¾ R on ball of L.
19&20 Step right to right side. Close left beside right. Step right to right side.
21&22& Touch L heel forward. Step L beside R. Touch R heel forward. Step R beside L.
23-24 Cross left over right. Unwind 1/2 turn right.

Chasse, Heel Switches, Cross, Unwind, Heel clicks

25&26 Step right to right side. Close left beside right. Step right to right side.
27&28& Touch L heel forward. Step L beside R. Touch R heel forward. Step R beside L.
29-30 Cross left over right. Unwind 1/2 turn right.
31-32 Raise onto balls of feet and clicking heels together, Put heels down.

Begin again.
