

拍数: 32 编数: 2 级数: Intermediate

编舞者: Gordon Timms (UK) - December 2007 音乐: Dirty Dice - Katie Melua : (CD: Pictures)



THERE IS NO MUSIC INTRODUCTION...SO BE READY TO START THE DANCE AFTER THAT FIRST BEAT!

SECTION 1: Rock and recover, Basic Cha Cha Step, Rock and recover, Basic Cha Cha step			
1 - 2	Slightly on the left diagonal, Rock Forward on the left, recover back on to right.		
3 & 4	Basic cha cha steps moving slightly backwards, step left right left with hips please!		
5 - 6	Slightly on the right diagonal, Rock Back on the right, recover back on to left.		
7 & 8	Basic cha cha steps moving slightly forwards, step right left right with hips please! [Faces 12.00]		

SECTION 2: Step Half Turn right, Turn half right turning shuffle, Rock and recover, Kick ball point.

1 - 2	Step forward on the left, pivot half turn right.
3 & 4	Turning half turn right again with a Left Shuffle slightly backwards.
5 - 6	Rock back on the right foot, recover on to left.
7 & 8	Low kick forward with right foot, (toe points down) replace weight on right, point left to left side. [Faces 12.00]

SECTION 3: Point Touches, Kick Ball Point, Knee Pops, Quarter turn right, Right Coaster step.

1 - 2	Touch point left in front of right, touch point left to left side.
3 & 4	Low kick forward with left foot, (toe points down) replace weight on left, point right to right side.
5 - 6	Pop right knee in towards left for (5) Pop knee out & on balls of both feet swivel ¼ turn right for (6)
7 & 8	Follow through with a right coaster step, R-L-R [Faces 3.00]

SECTION 4: Step pivot half turn right, Left Forward Shuffle, Rock and recover, Triple 3/4 right turn.

1 - 2	Step forward on left pivot half turn right.
3 & 4	Left Forward Shuffle, L-R-L
5 - 6	Rock forward on the right, recover weight back to the left
7 & 8	Execute a ¾ turn right with a triple step, stepping right, left, and right. [Faces 6.00]

Begin again.

RESTARTS:

On wall (3) - 6.00 Wall. Start the dance as normal dance the first 16 counts and start the dance again.... Facing 6.00 wall.

On wall (6) – 12.00 wall. Start the dance as normal dance the first 8 counts and start the dance again....precedes the trumpet solo. Facing 12.00 wall.

As the music fades see if you can keep dancing through and finish facing the front?

Written for and dedicated to Nadia Epley. A Beautiful lady... A Terrific Dancer and Good Friend.