That's My Philosophy



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Rubberneckin' - Elvis Presley: (CD: Something For Everyone)



Starting point: At vocals, at about 0:07.

STEP, HOLD, KNEE IN, RONDE, 1/4 RIGHT TURNING SAILOR STEP, 1/4 RIGHT TURNING PIVOT

1-2 Step left forward, hold

3-4 Touch right toe next to left and bring right knee in, kick right to right diagonal while doing a

ronde from front to back

5&6 Step right behind left, step left next to right, turn ¼ to right and step right forward

7-8 Step left forward, turn ¼ to right

ZIG-ZAG BACK, ROCK STEP

Step left foot back left diagonal, touch right next to left
Step right foot back right diagonal, touch left next to right
Step left foot back left diagonal, touch right next to left

7-8 Rock right back, recover weight back to left

Note: Add a little style to the steps - Elvis style!

SYNCOPATED ½ TURN TO LEFT, KICK BALL CHANGE, SYNCOPATED ½ TURN TO LEFT, KICK BALL CHANGE

1&2 Step right forward, turn ½ to left, step right forward

3&4 Kick left foot forward, step left next to right, step right next to left

5&6 Step left forward, turn ½ to right, step left forward

7&8 Kick right foot forward, step right next to left, step left next to right

SHUFFLE FORWARD, STEP FORWARD, 1 $\frac{1}{4}$ SPIN TO RIGHT, STEP ACROSS, SIDE SHUFFLE, ROCK BACK

1&2 Step right forward, step left next to right, step right forward

3-4 Step left forward, begin the 1 ½ spin to right by lifting right foot in the air

5 Finish the 1 ¼ spin to right by stepping right across left 6&7 Step left to side, step right next to left, step left to side

8 Rock right back

Note: The recovery step to the rock step is the count 1 of the dance.

REPEAT