If, Without You

拍数: 32

级数: Intermediate

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音乐: Without You - Mariah Carey : (CD: Music Box)

RIGHT SIDE, LEFT BACK ROCK & RECOVER SIDE, WEAVE & CROSS UNWIND ¾ LEFT, ¼ LEFT STEP RIGHT SIDE CROSS SIDE CROSS, RIGHT SIDE

- 1 Take large step out to right side
- 2&3 Rock back on left slightly behind right, recover on right, step long step to left side
- 4&5 Step right behind left, step left to left side, cross right over left
- 6-7 Unwind 3/4 turn left taking weight on left (facing 3:00), 1/4 turn left step right to right side (facing 12:00)
- &8&1 Cross left over right, step right to right side, cross left over right, take large step out to right side

(X SHAPE) WALK FORWARD LEFT, RIGHT TO LEFT DIAGONAL, ROCK FORWARD LEFT & RECOVER, WALK BACK LEFT, ½ TURN RIGHT STEP RIGHT FORWARD, WALK FORWARD LEFT, RIGHT, ROCK FORWARD LEFT & RECOVER, WALK BACK LEFT, ¼ TURN RIGHT STEP RIGHT FORWARD

- 2&3 (1/8 Turn left) walk forward on left, right to left diagonal (facing 10:30), rock forward on left
- 4&5 Recover on right, walk back on left, ½ turn right step forward on right (facing 4:30)
- 6&7 Walk forward on left, right, rock forward on left
- 8&1 Recover on right, walk back on left, ¼ turn right step forward on right (facing 7:30)

WALK FORWARD LEFT, RIGHT, ROCK FORWARD LEFT & RECOVER, WALK BACK LEFT, ½ TURN RIGHT STEP RIGHT FORWARD, WALK FORWARD LEFT, RIGHT, ROCK FORWARD LEFT & RECOVER, TOUCH RIGHT UNWIND ¼ RIGHT

- 2&3 Walk forward on left, right, rock forward on left
- 4&5 Recover on right, walk back on left, ¹/₂ turn right step forward on right (facing 1:30)
- 6&7 Walk forward on left, right, rock forward on left
- 8&1 Recover on right, walk back on left, touch right toe back unwind ¼ turn right (weight on left) (facing 6:00)

KICK, SWEEP WITH WEAVE (DIAMOND SHAPE), SWEEP RIGHT, SWEEP LEFT, UNWIND FULL TURN LEFT

- 2&3& Low kick right to right side, sweep right behind left, step left to left side, cross right over left
- 4&5& Low kick left to left side, sweep left cross over right, step right to right side, cross left behind right
- 6&7& Sweep right around to the right, step right behind left, sweep left around anti to the right, lock left behind right
- 8 wind full turn left (weight on left) (facing 6:00)

REPEAT

TAG: After wall 3 (facing 6:00)

1-2 Sway to right, sway to left





墙数:2