

One Woman Man

拍数: 32 墙数: 4 级数: Beginner
编舞者: Carina Slijters (NL) - December 2007
音乐: One Woman Man - Josh Turner : (Album: Everything Is Fine)



Intro: 32 Counts.

Forward, Brushes, Shuffle Forward, Pivot ½ Left

1 – 2 Step Right forward. Brush Left forward.
3 – 4 Brush Left crossed in front of Right. Brush Left back forward.
5 & 6 Step Left forward. Step Right next to Left. Step Left forward.
7 – 8 Step Right forward. Turn ½ Left.

Forward, Brushes, Shuffle Forward, Pivot ½ Left

9 – 10 Step Right forward. Brush Left forward.
11– 12 Brush Left crossed in front of Right. Brush Left back forward.
13 & 14 Step Left forward. Step Right next to Left. Step Left forward.
15 – 16 Step Right forward. Turn ½ Left.

Chasse Right, Rock Step, Chasse Left, Rock Step with ¼ Turn Right Back

17 & 18 Step Right to Right. Step Left next to Right. Step Right to Right.
19 – 20 Rock backwards on Left. Weight back on Right.
21 & 22 Step Left to Left. Step Right next to Left. Step Left to Left.
23 – 24 Rock backwards on Right with a ¼ turn right. Weight back on Left.

Toe Struts, Rocking Chair

25 – 26 Touch Right toe forward. Slap Right heel down.
27 – 28 Touch Left toe forward. Slap Left heel down.
29 – 30 Rock forward on Right. Weight back on Left.
31 – 32 Rock backwards on Right. Weight back on Left.

Begin again

Ending:

The music fades away at the end of the song (9th wall). You are dancing count 1 – 6. Count 7 – 8 turn slowly. Then dance count 9 till 22. Last count touch Right next to Left. You're now facing 12:00.