One Woman Man



拍数: 32 墙数: 4 级数: Beginner

编舞者: Carina Slijters (NL) - December 2007

音乐: One Woman Man - Josh Turner: (Album: Everything Is Fine)



Intro: 32 Counts.

Forward, Brushes, Shuffle Forward, Pivot ½ Left

1 – 2	Step Right forward. Brush Left forward.
3 – 4	Brush Left crossed in front of Right. Brush Left back forward.
5 & 6	Step Left forward. Step Right next to Left. Step Left forward.

7 – 8 Step Right forward. Turn ½ Left.

Forward, Brushes, Shuffle Forward, Pivot ½ Left

9 – 10	Step Right forward. Brush Left forward.
11– 12	Brush Left crossed in front of Right. Brush Left back forward.
13 & 14	Step Left forward. Step Right next to Left. Step Left forward.
15 – 16	Step Right forward. Turn ½ Left.

Chasse Right, Rock Step, Chasse Left, Rock Step with 1/4 Turn Right Back

17 & 18	Step Right to Right. Step Left next to Right. Step Right to Right.
19 – 20	Rock backwards on Left. Weight back on Right.
21 & 22	Step Left to Left. Step Right next to Left. Step Left to Left.
23 – 24	Rock backwards on Right with a 1/4 turn right. Weight back on Left.

Toe Struts, Rocking Chair

25 – 26	Touch Right toe forward. Slap Right heel down.
27 – 28	Touch Left toe forward. Slap Left heel down.
29 – 30	Rock forward on Right. Weight back on Left.
31 – 32	Rock backwards on Right. Weight back on Left.

Begin again

Ending

The music fades away at the end of the song (9th wall). You are dancing count 1 - 6. Count 7 - 8 turn slowly. Then dance count 9 till 22. Last count touch Right next to Left. You're now facing 12:00.