

编舞者: Chris Salter (UK) - January 2008

音乐: No Diggity - Blackstreet



Intro 32 Counts [22 seconds in]

Section 1: Prise 1 – 2 3 & 4 5 – 6 7 & 8	sy Walks x 2, Cross Shuffle, Side Rock, Recover, Sailor 1/4 Turn Left Cross right over left, travelling forward. Cross left over right, travelling forward Step right to left diagonal. Step left beside right. Step right to left diagonal Rock to left on left. Recover on right Cross left behind right turning 1/4 left. Step right to right. Step left in place [9:00]
Section 2: Step, 1/2 Pivot Left, Forward Shuffle, Toe Touch With Hip Bumps, Coaster Step	
1 – 2	Step forward on right. Pivot 1/2 Turn Left
3 & 4	Step forward on right. Step left beside right. Step forward on right
5 – 6	Touch left toe forward whilst bumping hips forward. Bump hips back
7 & 8	Step left foot back. Step right beside left. Step left foot forward [3:00]
Section 3: Toe Touch With Hip Bumps, Coaster Step, Step, 1/4 Pivot Right, Cross Shuffle	
1 – 2	Touch right toe forward whilst bumping hips forward. Bump hips back
3 & 4	Step right foot back. Step left beside right. Step right foot forward
5 – 6	Step forward on left. Pivot 1/4 turn right
7 & 8	Step left to right diagonal. Step right beside left. Step left to right diagonal [6:00]
Section 4: Side Rock, Behind, Side, Cross, Side Rock, Behind, 1/4 Turn Right, Step	
1 – 2	Rock right to right side. Recover on left
3 & 4	Step right behind left. Step left to left. Cross right in front of left
5 – 6	Rock left to left side. Recover on right

Begin again.

7 & 8

Choreographer's Note:

This dance can be used as a floor split to "No Diggity" by Paul McAdam so that Improvers can dance to the track too.

Step left behind right. Step right 1/4 turn right. Step left forward [9:00]