I'm Not Afraid

拍数: 32

级数: Beginner

编舞者: Audrey Watson (SCO) - January 2008

音乐: Brave - Jennifer Lopez

Start dance on vocals

Country Alternative: Cowboy & A Dancer by Tracy Byrd Potential floor split with Robbie McGowan's - Be Brave

HIP BUMPS, HIP BUMPS, POINT X 3, TOGETHER.

- 1&2 Step right foot slightly fwd bump hips fwd, back, fwd.
- 3&4 Step left slightly fwd bump hips fwd, back, fwd.
- 5-6 Point right toe front, point right toe to right side.
- 7-8 Point right toe front, step right next left.

HIP BUMPS, HIP BUMPS, POINT X 3, FLICK.

- 1&2 Step left slightly fwd bump hips fwd, back, fwd.
- 3&4 Step right foot slightly fwd bump hips fwd, back, fwd.
- 5-6 Point left toe front, point left toe to left side.
- 7-8 Point left toe front, flick left foot out to left side.

FWD, FWD, BACK, 1/4 TURN, GRAPEVINE, SWEEP.

- 1-2 Step fwd on left, step fwd on right. (Shoulder width apart)
- 3-4 Step back on left, turn 1/4 right stepping right to right side.
- 5-6 Cross left over right, step right to right side.
- 7-8 Cross left behind right, sweep right foot from front to back.

BEHIND, SIDE, CROSS, FLICK, STEP FLICK, STEP 1/2 TURN.

- 1-2 Step right behind left, step left to left side.
- 3-4 Cross right over left, flick left foot out to left side.
- 5-6 Step fwd on left, flick right foot out to right side.
- 7-8 Step fwd on right, pivot 1/2 turn left.

START AGAIN





墙数:4