

# What Love Is

**COPPER** KNOB  
STEPSHEETS

拍数: 36      墙数: 2      级数: Intermediate / Advanced  
编舞者: Rachael McEnaney (USA) - January 2008  
音乐: What Love Is - Mary J. Blige : (CD: Growing Pains)



**Count In: 36 counts from start of track, dance starts on vocals (approx 28secs)**

**Ball cross, side rock cross, full turn triple into side step, hold, ball cross, turning triple to diagonal**

- & 1            Step in place with ball of right (&), cross left over right (1), 12.00
- 2 & 3        Rock right to right side (2), recover weight onto left (&), cross right over left (3) 12.00
- 4 &            Make ¼ turn right stepping back on left (4), make ½ turn right stepping forward on right (&), 9.00
- 5 - 6        Make ¼ turn right taking big step to left side (5), hold (6) 12.00
- & 7            Step in place with ball of right (&), cross left over right (7) 12.00
- 8 &            Make 1/8 turn left stepping back on right (8), make ½ turn left stepping forward on left (&) 4.30

**Walk forward on diagonal, mambo into touch back, turning sweep, cross, step back side cross**

- 1 - 2        Step forward on right (1), step forward on left (2) (facing diagonal) 4.30
- & 3 & 4      Rock forward on right (&), recover weight onto left (3), step right next to left (&), touch left toe back (4) 4.30
- 5 - 6        Make 3/8 turn putting weight onto left sweeping right leg round (5), cross right over left (6) 12.00
- 7 & 8        Step back on left (7), step right to right side (&), cross left over right (8) 12.00

**Step together, cross, ½ turning triple, syncopated side rock cross x2 into big step right**

- & 1 - 2      Step right to right side (&), step left next to right (1), cross right over left (2) 12.00
- 3 & 4        Make ¼ turn right stepping back on left (3), make ¼ turn right stepping right to right side (&), cross left over right (4) 6.00
- 5 & 6        Rock right to right side (5), recover weight onto left (&), cross right over left (6) 6.00
- & 7 & 8      Rock left to left side (&), recover weight onto right (7), cross left over right (&), take big step to right side with right (8) 6.00

**Sailor ¼ turn left, kick step touch and side, sailor ¼ turn left, step forward.**

- 1 & 2        Cross left behind right (1), make ¼ turn left stepping right next to left (&), step forward on left (2) 3.00
- 3 & 4        Kick right foot forward (3), step right next to left (&) touch left toe to left side (4) 3.00
- & 5            Step left next to right (&), step right to right side (5) 3.00
- 6 & 7        Cross left behind right (6), make ¼ turn left stepping right next to left (&), step forward on left (7) 12.00
- 8            Step forward on right (8) 12.00

**End 28 Kick right foot forward. (Do this step instead of count 8 above, on 1st and 4th wall, facing 12.00 both times) 12.00**

**One and half turns stepping left, right, left. Kick.**

- 1 - 2        Make ½ turn left stepping forward on left (1), make ½ turn left stepping back on right (2) 12.00
- 3 - 4        Make ½ turn left stepping forward on left (3), kick right foot forward (4) 6.00

**START AGAIN, HAVE FUN!**