| 4 | 白数: 32 | 墙数: 4 | 级数: Intermediate | | |
|--|---|---|---|------------|--|
| 编 | 舞者: Dave Munro | (UK) - February 20 | 008 | | |
| 音乐: Work (Freemasons Radio Edit) - Kelly Rowland : (CD single and CD album 'Ms. Kelly') | | | | | |
| Dance repe Intro:- 32 C | eats in a Clockwise ounts. | e direction. | | | |
| R Heel toud | h, L Toe touch, R | Toe touch (Quarte | r turn), L Kick, Rock/recover, Shuffle I | Half turn. | |
| 1&2 | Touch Right heel forward, Step Right beside Left, Touch Left toe beside Right. | | | | |
| &3& | Quarter turn | Quarter turn left stepping Left in place, Touch Right toe behind Left, Step Right back. | | | |
| 4&5 | Kick Left forv | Kick Left forward, Step Left beside Right, Rock forward on Right. | | | |
| 6-7&8 | Recover bac | Recover back on Left, Half turn right stepping Right Left Right. (3:00) | | | |
| L Scissor ((| Quarter turn), R St | ep side, L Sailor (H | lalf turn), R Step forward, L Twinkle. | | |
| 1&2 | Quarter turn right step Left to left, Close Right beside Left, Cross Left over Right. | | | | |
| 3 | Step Right to right side. | | | | |
| 4&5 | Step Left behind Right, Quarter turn left step Right in place, Quarter turn left Step Left forward. | | | | |
| 6 | Step Right fo | orward. | | | |
| 7&8 | Step Left acr | Step Left across Right, Step Right beside Left, Step Left in place. (Angle body to 10:30) | | | |
| R Cross ste | • | • | alk L/R, L Toe touch, L Scissor cross. | | |
| 1 | Step Right across Left. (Body still angled) | | | | |
| 2&3 | Step Left back, Lock Right back across Left, Step Left back. (Body still angled) | | | | |
| 4-6 | Step Right to right (squaring up to 12:00), Walk forward Left/Right. Touch Left toe beside Right, Step Left to left, Slide right beside Left, Step Left across Right | | | | |
| &7&8 | (12:00) | | p Len to len, onde right beside Len, otep Len across right. | | |
| R Rock/rec | over. Shuffle One | & a Quarter turn *. | L Cross rock/recover, L Coaster Step | | |
| 1-2 | Rock Right forward, Recover back on Left. | | | | |
| 3&4 | One & a Quarter turn right stepping Right, Left, Right, (travel towards 6:00). (*optional, | | | | |
| | Quarter turn | | | | |
| 5-6 | Rock on Left across Right, Recover back on to Right. | | | | |
| 7&8 | Stop Loft bac | Step Left back, Step Right beside Left, Step Left forward. (3:00) | | | |

Repeat from Start.