

# Hey There Delilah

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Jess Chilton (UK) - February 2008  
音乐: Hey There Delilah - Plain White T's : (Album: Every Second Counts)



**Intro: 16 counts (9 seconds)**

**Sailor Step, ¼ Sailor Turn, Rock Recover, Shuffle ½ Turn**

1&2      Cross right behind left Step left to left side Step right to place  
3&4      Cross left behind right making 1/4 turn left Step right to side, Step left to place  
5,6      Rock forward on right, Recover on left  
7&8      Turning ½ turn right, Step forward on right, close left next to right, step forward on right.

**Make ½ Turn, ½ Turn, Kick ball point, Kick ball point, Pop Knee, In, Out, In**

1,2      Turning ½ turn right, step back on left, turning ½ turn left step forward on right  
3&4      Kick left foot forward, step left next to right, point right foot to right side  
5&6      Kick right foot forward, step right next to left, point left foot to left side  
7&8      Pop left knee in to right leg, pop knee back out, and back in again

**Sweep, Sailor Turn, Cross Shuffle, Step, Slide and Step Forward**

1,2&3      Sweep left leg behind right doing a ¼ to left, step down on left, step right to right side, step left to left side  
4&5      Cross your right over your left, close left next to it, cross right over left  
6,7      Take a big step to the left on left foot, slide right foot next to it  
&8      Step down on right, step left foot forward (weight remaining on left foot)

**Touch unwind, step knee pops, coaster step, side, touch, side**

1,2      Point right foot behind left, over right unwind ½ turn  
3&4      Step forward on left, pop both knees forward, recover  
5&6      Step back on left, close right next to left, step forward on left  
7&8      Point right foot to right side, touch back next to left, point right to right side

**Begin again**

**Restart: On wall 8, after the 3rd section restart the dance again**

**Tag: After wall 3,**

1, 2, 3, 4      Sway Right, Left, Right, Left