# Love Is Free



拍数: 32 墙数: 4 级数: Improver

编舞者: Alan Birchall (UK) - February 2008

音乐: Love Is Free - Sheryl Crow: (CD: Single or Forthcoming Album: Detours)



Start: On Music After Count In (Let Sheryl Do It For You!!)

Seconds: 4 - Count: 4 - BPM: 114

#### WEAVE, CROSS ROCK, RECOVER, 1/4 SIDE SHUFFLE

1-2	Step Right Over Left, Step Left To Left		
3-4	Cross Right Behind Left, Step Left To Left		
5-6	Cross Rock Right Over Left, Recover On Left		

7&8 Step Right To Right, Step Left By Right, Step Right To Right Making ¼ Turn Right (3 '0'clock)

## TURN ¼ ROCK, RECOVER, BEHIND, SIDE, CROSS, STEP, ¼ PIVOT, STEP, ¼ PIVOT

9-10	Making ¼ Turn Right Rock Left To Left, Recover On Right (6 '0'Clock)
11&12	Cross Left Behind Right, Step Right To Right, Cross Left Over Right
13-14	Step Forward On Right, Turn ¼ Pivot Left (Clap) (3 '0' Clock)
15-16	Step Forward On Right, Turn ¼ Pivot Left (Clap) (12 '0' Clock)

### MAKE 1/4 TURNING JAZZ BOX, 1/2 TURN, CROSS SHUFFLE

17-18	Cross Right Over Left, Step Back On Left	
-------	------------------------------------------	--

19-20 Making ¼ Turn Right Step Right To Right, Cross Left Over Right (3'0' Clock)

21-22 Making ¼ Turn Left Step Back On Right, Making ¼ Turn Left Step Left To Left (9 '0' Clock)

23&24 Cross Right Over Left, Step Right To Right, Cross Right Over Left RESTART \*\*\* Restart Here During Walls 4 & 8 By Adding (& Step Left To Left)

#### ROCK, RECOVER, BEHIND, ¼ TURN, ¼ TURN, BEHIND, UNWIND, SYNCOPATED JAZZ BOX

25-26	Rock Left	Toleft	Recover	On Right
ZJ-ZU	LYOCK FEIL	I U LEIL,	IZECOVEI	OHINGH

27&28 Cross Left Behind Right, Making ¼ Turn Right Step Right To Right, Making ¼ Turn Right

Step Left To Left (3 '0'Clock)

29-30 Cross Right Behind Left, Unwind ½ Turn Right – Weight Ends On Right (9 '0' Clock)

31&32 Cross Left Over Right, Step Back On Right, Step Left To Left

# **START AGAIN**