She's No You

拍数: 32

级数: Intermediate

编舞者: Ryan Wareing (UK) - March 2008

音乐: Come to Me - Jesse McCartney : (Album: Beautiful Soul)

(16 Count Intro), weight on right foot

Rock back, rec 1&2 3&4	over, side, rock back, recover, step ¾ sway, sway, sailor step, cross Rock back on left foot, recover weight on to right foot, step left to left side. Rock back on right foot, recover weight on to left foot, step right foot forward.
&	Turn ³ / ₄ over left shoulder (transfer weight to left, turn is on the spot, 3 o'clock).
5,6	step right foot to right side in to a sway to the right, sway left.
7&8	Step right foot behind left, step left foot to left side, step right foot to right side.
	an do a sailor full turn. I find it is nice when you do this on the chorus)
&	Cross left foot over right foot.
Side, rock recover ¼, mambo step, coaster step, step, full turn, sweep	
1	Step right foot to the right side.
2&3	Rock back on your left foot, recover weight on to right foot, Step forward on left foot making a 1/4 turn over your left shoulder. (12 o'clock)
4&5	Rock forward on the right foot, recover weight on left foot, Step right foot next to left foot.
6&7	Step back on your left foot, step back on your right foot, step forward on your left foot.
8&1	Step right foot forward (prep), ½ turn over your right shoulder stepping back on your left foot, ½ turn over your right shoulder stepping right foot forwards. (starting to sweep your left foot
	over ready for the next step.)
RESTART! – On 4th Wall here – miss the 8&1 and on count 8, step right to the side.	
Cross, behind 1/8, side, behind, side 1/8, sway, sway, behind sweep, behind, side	
2&3	Cross left foot over right foot, step back on right foot 1/8 of a turn over your left shoulder, step
200	left to left side. (Still in the corner.)
4&	Step right foot behind left, 1/8 of a turn over your left shoulder stepping left foot to left side. (9 o'clock)
5	Sway right
6	Sway left
7	Step right foot behind left foot. (Left foot starts to sweep from front to behind)
8&	Step left foot behind right foot, step right foot to right side.
Cross, Cross, Step, Mambo ½, Side rock, recover, cross, side, behind, side	
1	Cross left foot over right foot.
2	Bring right foot round and cross over left foot.
3	Bring left foot round and step forward on it.
4&5	Rock forward on your right foot, recover weight on to left foot, 1/2 turn over right shoulder
	stepping forward on your right.
6&7	Rock left foot to the left side, recover weight on to right foot, cross left foot over right foot.
&8&	Step right foot to right side, Step left foot behind right, step right foot to right side.
(Option – you can do a full turn to finish. I find it is nice when you do this on the chorus)	
& 8 &	$\frac{1}{4}$ turn over left shoulder step back on your right, $\frac{1}{2}$ turn over left forward on left foot, $\frac{1}{4}$ turn over left shoulder step right to right side.

Start Again





墙数:4