拍数： 48
壇数： 4
级数：Intermediate
编舞者：Dave Munro（UK）－March 2008
音乐：Better Get to Livin＇－Dolly Parton ：（Album：Backwoods Barbie）

## Dance repeats in a Clockwise direction．

## Intro：－ 32 Counts．

## Section． 1

R Cross rock（1／4 turn），L Step Lock Step，R Side rock／recover，R Weave behind．
1\＆2 Rock on Right across Left，Recover on Left in place，1／4 turn right Step Right forward．
3\＆4 Step Left forward，Lock Right behind Left，Step Left forward．
5－6 Rock Right to right side，Recover on Left in place．
7\＆8 Step Right behind Left，Step Left to left，Step Right across Left．（3：00）
Section． 2
L Cross，R Step back，L Touch Back 1／2 pivot，R Rock／recover，R Triple Full turn．
1－2 Step left across Right，Short step Right back．
3－4 Touch Left toes back，Reverse pivot $1 / 2$ turn left（stepping on to Left）．
5－6 Rock Right forward，Recover on to Left in place．
$7 \& 8 \quad$ Full turn right（on the spot）stepping Right，Left，Right．（Or a Right Coaster）．（9：00）

## Section． 3

L Cross \＆Back，R Cross \＆Kick，\＆L Cross，Step Side，L Sailor．
1\＆2 Step Left across Right，Step Right to right side，Step Left a short step back．
3\＆4 Step Right across Left，Step left to left side，Low kick Right to forward right diagonal．
\＆5－6 Quickly step on Right beside Left，Step Left across Right，Step Right to right side．
7\＆8 Step on Left behind Right，Step Right to right，Step Left to left．（9：00）
Section． 4
R Extended Weave behind，L Side rock／recover，L Sailor $1 / 2$ turn．
1\＆2\＆Step Right behind Left，Step Left to left，Step Right across Left，Step Left to left．
3\＆4 Step Right behind Left，Step Left to left，Step Right across Left．
5－6 Rock Left to left side，Recover on to Right in place．
$7 \& 8 \quad$ Step Left behind Right，1／4 turn left step back Right，1／4 turn left step Left forward（3：00）
＊＊2nd Restart．
Section． 5
R Cross rock，L Cross rock，R Forward，L Forward，R Back，L Together，R Rock side／．
1\＆2 Rock Right across Left，Recover on Left in place，Step Right beside Left．
$3 \& 4 \quad$ Rock Left across Right，Recover on Right in place，Step Left beside Right．＊1st Restart．
5－6 Step Right forward，Step Left forward（in line with Right foot，Shoulder width apart）．
7\＆8 Step Right back，Step Left beside Right，Rock on Right to right side．（3：00）

## Section． 6

L Recover，R Weave behind，L Cross，R Step side，L\＆R Heel Switches，L Step．
1 Recover on to Left in place．
2\＆3 Step Right behind Left，Step Left to left side，Step Right across Left．
4－5 Step Left across Right，Step Right to right．
6\＆7 Touch Left heel forward，Step on Left beside Right，Touch Right heel forward．
\＆8
Step on Right beside Left，Step Left a short step forward．（3：00）
Repeat from Start．
＊1st Restart．Danced on Wall 4，after count 4 in 5th Section．
＊＊2nd Restart．Danced on Wall 5，after count 8 in 4th Section．

