

O'Yeah

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Diane Kale (USA) - March 2008
音乐: Isle of Paradise - Bluelagoon : (CD: Sentimental Fools)



Also:

Put The Western (Back In Country) by Scooter Lee
Dreams by The Corrs

When dancing to "Isle Of Paradise" by Blue Lagoon, start counting 32 counts when female artist says "Oh, Oh, Oh", dance starts right after the male artist says "Move Over"

STEP, BEHIND, SHUFFLE (TWICE)

1-2 Step right to side right, cross left behind right
3&4 Step right to side right, bring left next to tight, step right to side right
5-8 Repeat counts 1-4 with left foot lead

MAMBO FORWARD & BACK, STEP TURN ½ LEFT, SHUFFLE

1&2 Rock forward right, recover back left, step right next to left
3&4 Rock back left, recover forward right, step left next to right
5-6 Step forward right turning ½ turn left, step left forward
7&8 Step right forward, bring left next to right, step forward right (6:00)

Restart dance here on wall 4 when dancing to "Dreams" by The Corrs

STOMP KICK, BEHIND, SIDE, CROSS. STOMP KICK, COASTER

1-2 Stomp left next to right, kick left forward (low kick)
3&4 Cross left behind right, step right to right, cross left over right
5-6 Stomp right next to left, kick right forward (low kick)
7&8 Cross right over left, step back left, step right to right

STEP TURN ½ RIGHT, STEP, SIDE ROCK, CROSS, HEEL & HEEL& HEEL ¼ TURN, CLAP (TWICE)

1-2 Step forward left turning ½ turn to right (12:00)
3&4 Rock left to side left, recover onto right, cross left over right
5&6 Touch right heel forward, step right nest to left, touch left heel forward
&7 Step left next to right, touch right heel forward as you turn ¼ turn right (3:00)
&8 Clap hands together twice

RESTART

When dancing to "Dreams" by The Corrs, dance 16 counts of the 4th rotation, then restart the dance