Our First Love



拍数: 64 编数: 4 级数: Easy Intermediate

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音乐: Mi Primer Amor - Belle Perez



SWAY, SWAY, KICK BALL CROSS, 1/4 MONTEREY, SIDE ROCK & CROSS

1-2 Stepping right to right side, sway hips right, left.

Kick right forward. Step down on ball of right foot. Step left across in front of right.
Point right toe out to right side. Turn 1/4 right on ball of left. Step right beside left.

7&8 Rock left out to left. Recover weight on right. Cross left over right.

MAKE 1/4 TURN SHUFFLE RIGHT, 1/2 TURN SHUFFLE RIGHT, BACK ROCK/RECOVER, KICK BALL CHANGE

9&10 Turn 1/4 right & step right forward. Step left beside right. Step forward right.

11&12 Triple 1/2 turn right stepping L, R, L 13-14 Rock back on right. Recover left.

15&16 Kick right forward. Step down on ball of right. Step onto left.

MAKE 1/4 PIVOT LEFT & TOUCH, STEP TOUCH, SIDE ROCK/RECOVER, CROSS SHUFFLE

17-18 Step forward on right. 1/4 pivot turn left bending right knee and touch left toe to left diagonal

as you come up (facing left diagonal)

19-20 Step down on left bending left knee and touch right toe to right diagonal as you come up

(facing right diagonal)

21-22 Rock right to right side. Recover on left 23&24 Right cross shuffle stepping R, L, R

MAKE 1/4 TURN RIGHT & STEP BACK, SIDE STEP RIGHT, CROSS ROCK/RECOVER, BALL CROSS, SIDE STEP, BALL LEFT, CROSS SHUFFLE

25-26 Turn 1/4 turn right & step back on left. Step right to right side.

27-28 Cross rock left over right. Recover on right

& Step left in place (slightly back)

29-30 Cross right over left. Step left to side (Easier alternative for 29-30 Cross right over left, point

left to left side)

& Step right in place (slightly back)31&32 Left cross shuffle stepping L, R, L

MAKE 1/4 TURN LEFT & STEP BACK, 1/4 TURN LEFT & STEP FORWARD, SHUFFLE FORWARD, TOUCH LEFT FORWARD, FLICK 1/2 TURN RIGHT, SHUFFLE FORWARD

33-34 Turn 1/4 left & step back on right. Turn 1/4 left & step forward on left

35&36 Step right forward. Step left beside right. Step right forward

37-38 Touch left toe forward. Flick left toe turning 1/2 right on ball of right

39&40 Step left forward. Step right beside left. Step left forward (Alternative: Full turn shuffle right

traveling forward)

STEP RIGHT FORWARD, HOLD, BALL STEP FORWARD, FORWARD ROCK/RECOVER, 1/2 TURN LEFT & STEP FORWARD, TWO COUNT FULL TURN TRAVELING FORWARD

41-42 Step right forward. Hold

Step left beside right. Step right forward44-45Rock forward on left. Recover on right

46 Turn 1/2 left & step left forward

47-48 Turn 1/2 left & step right back. Turn 1/2 left & step left forward (Easier alternative: Walk

forward right, left)

WEAVE RIGHT, SIDE SHUFFLE, BACK ROCK/RECOVER

1-2 Step right to right side. Step left behind right3-4 Step right to right side. Cross left over right

Step right to right side. Step left beside right. Step right to right side

7-8 Rock left behind right. Recover on right

WEAVE LEFT, 1/4 TURN SHUFFLE, BACK ROCK/RECOVER

57-58 Step left to left side. Step right behind left, 59-60 Step left to left side. Cross right over left

Step left to left side. Step right beside left. Turn 1/4 right & step left back

63-64 Rock right back. Recover on left

RESTART: 3rd Wall: At the beginning of this wall the music will fade, dance through it and on for 40 counts and start again.

ENDING: After counts 39-40 cross right over left, unwind 3/4 turn left to the front.