Better In Time

拍数: 32

级数: Intermediate

编舞者: Elaine Tunnicliffe (UK) - March 2008

音乐: Better In

unnicime (UK) - March 2008	
n Time - Leona Lewis	

墙数:2



(32 count intro)

Step Right, Back Rock, Step Left, Back Rock, Step Behind Turn, Left Lock Step

- 12& Step right to right side, rock back on left, recover on right
- 34& Step left to left side, rock back on right, recover on left
- 5&6 Step right to right side, cross left behind right, 1/4 turn to right on right
- 7 & 8 Step forward on left, lock right behind left, step forward on left

Right Mambo Step, Back Lock Step, Sweep Right, Sweep Left, Right Coaster Step

- 1 & 2 Rock forward on right, recover on left, step back on right
- 3&4 Step back on left, lock right in front of left, step back on left
- 5 6Sweep right and step back, sweep left and step back
- 7 & 8 Step back on right, close left to right, step forward on right

Side Rock and Cross, Side Rock and Cross, Step Behind Turn, 1/2 Pivot and Step

- 1&2 Rock left to left side, recover on right, cross left in front of right
- 3 & 4 Rock right to right side, recover on left, cross right in front of left
- 5&6 Step left to left side, cross right behind left, 1/4 turn to left on left
- 7 & 8 Step forward on right, pivot 1/2 turn to left, step forward on right

Full Triple Right, Full Triple Left, Forward Mambo Step, Drag Right and Left

- Turn full triple right on left, right, left 1&2
- 3&4 Turn full triple left on right, left, right
- 5&6 Rock forward on left, recover on right, step back on left
- 7 8 Drag back on right, drag back on left