I Believe In You And Me



拍数: 32 编数: Intermediate / Advanced

编舞者: Daniel Trepat (NL) - March 2008

音乐: I Believe In You and Me - Whitney Houston: (CD: The Preacher's Wife

Soundtrack)



Intro: 16 Counts

§1: SWEEP, CROSS, ¼ TURN LEFT, BASIC LEFT AND RIGHT 1 ¼ TURN RIGHT

12&3 Step on R and sweep L fwd, Cross L over R, Turn ¼ L stepping R back, Step L to L [9:00]

4&5 Close R behind L, Cross L over R, Step R to R

6&7 Close L behind R, Cross R over L, ¼ turn R stepping L back [12:00]

8&1 ½ turn R stepping R fwd, ½ turn R stepping L back, ¼ turn R stepping R to R [3:00]

§2: BASIC RIGHT, $\frac{3}{4}$ TURN SPIRAL, FULL TURN RIGHT, $\frac{1}{2}$ TURN RIGHT WITH SWEEP, STEP,STEP, $\frac{1}{2}$ TURN LEFT WITH HITCH

2&3 Close L behind R, Cross R over L, ¾ turn R keep R toe on the floor [12:00]

4&5 Step R fwd, ½ turn R stepping L back, ½ turn R stepping R fwd, Start sweep L fwd [12:00]

67 ½ turn R on R, End sweep and step L fwd [6:00]

Step R fwd, Step L fwd, ½ turn L and hitch R knee to R [12:00]

§3: STEP, STEP, KICK, CROSS, FULL TURN LEFT, FULL TURN RIGHT

2&34 Step R fwd, Step L fwd, Kick R high, Cross R over L

Full turn L (weight ends on L) [12:00]

8 Full turn R [12:00]

§4: SWEEP, CROSS, STEP, CROSS, ¼ TURN LEFT, ½ TURN LEFT WITH HITCH, STEP, ¾ TURN RIGHT, CROSS, UNWIND

Sweep R to the back, Cross R behind L, Step L to L, Cross R over L 45 4 turn L stepping L fwd, ½ Turn L and hitch R knee to R [3:00]

6&7 Step R fwd, ½ turn R stepping L back, ¼ turn R stepping R to R [12:00]

8& Cross L over R, ½ turn R [6:00]

REPEAT

TAG: Dance the 5th wall till count 19, then add:

4& Flick R back, Touch R fwd, Then restart dance from beginning